

NP 1

SITUATION 1- Nurse Vera made a home visit to a newly married couple whom the wife is a primigravida and three months pregnant. The would be mother asked questions about pregnancy and prenatal care.

1. In assessing the health condition of the pregnant patient, Nurse Vera should focus on the _____.
A. last menstrual period
B. number of days of menstruation
C. age of the patient during menarche
D. amount of menstrual flow

2. The patient asked Nurse Vera when is the best time to visit the clinic for her first prenatal care. Which should be the APPROPRIATE answer of the nurse?
A. Second trimester
B. Before delivery
C. Third trimester
D. First trimester

3. The patient seems indecisive whether to breastfeed her baby or not. Which is the desired nursing action of Nurse Vera to help the pregnant patient make a decision on the breastfeeding?
A. Give pamphlets and books to read.
B. Provide ample time for the patient to decide
C. Refer the patient to the nutritionist
D. Assist to identify breastfeeding goal and plan.

4. The patient asks Nurse Vera, when could you hear the fetal heart of my baby? Which of the following should be the BEST answer of the Nurse Vera?
A. Ninth month
B. Fifth month
C. Third month
D. First month

5. Nurse Vera informs the patient she should be screened for pre-

eclampsia during this term of pregnancy_____

- A. First
- B. Second**
- C. Third
- D. before delivery

SITUATION 2 – In the practice of her profession as a public health nurse, Nurse Mary is guided by ethical and moral principles.

6. The nurse in the practice of her profession is guided by pregnancy_____.

- A. code of ethics**
- B. standards of care
- C. third
- D. before delivery

7. In the ethical principle of the beneficence, which is the BASIS of every nursing action in all work settings?

- A. Treating all patient selectively.
- B. Informing patients of hospital bills.
- C. Respecting refusal of treatment.
- D. Doing good at all time.**

8. In handling all information about the families in the community, which of the following principles should the nurse consider ethical?

- A. Confidentiality**
- B. Fair treatment
- C. Justice
- D. Beneficence

9. Nurse Mary randomly selected individuals in the community who will be part of a project. Which of the following ethical principle is observed by the nurse?

- A. Autonomy
- B. Beneficence
- C. Confidentiality
- D. Fair Treatment**

10. Identify the primary indicator that Nurse Mary observes FIDELITY in the practice of her profession.

A. Faithfully promotes health and prevents disease.

B. Frequently assist in the providing health services.

C. Fairly evaluates health programs and initiatives.

D. Collaborates and works with barangay officials.

SITUATION 3 – Nurse Gina is assigned to supervise the home for the aged in the barangay.

11. In planning the care of the elderly, which should be the important consideration that Nurse Gina has to consider. _____

A. The educational qualification

B. Family support

C. Activities of daily living

D. Residence of the elderly

12. Nurse Gina also has to consider in terms of financial status most of the elderly care.

A. Sufficient

B. Disoriented

C. Dependent to others financially

D. Have pension

13. In planning their care Nurse Gina should consider _____.

A. Socialization is more important

B. Holistic care

C. Physically dependent

D. Spiritual healing

14. In her recommendation, Nurse Gina stated, elderly should be given independence. This means _____

A. They must live on their own

B. The environment should be safe for them

C. They are free what to do

D. They have rights

15. The elderly should be afforded health protection by

A. Avoid and hazards

B. Pollution environment

C. Placing them in the home for aged

D. Regular health check ups

SITUATION 4- Nurse Jenny is in charge of record keeping in the health center.

16. Which of the following is NOT a step of the record keeping?

- A. Structuring
- B. Storing
- C. Securing
- D. Easy Disposal

17. In the community setting which is the ESSENTIAL record about the patient?

- A. Treatment Record
- B. Tally Sheet
- C. Chart
- D. Kardex

18. Which of the following is the purpose of record keeping?

- A. Quantify medication usage
- B. Evidence of health care
- C. Quantifying services provided
- D. For the physician to read

19. Records are IMPORTANT in health care for

- A. counting hospital bills
- B. evidence of health care
- C. Quantifying services provided
- D. For the physician to read

20. What is the ultimate purpose of record keeping

- A. Safeguard information
- B. Archive
- C. History
- D. Store information

SITUATION 5- Nurse Emma was informed that a family who had just moved in has family members who are infested with Scabies.

21. Which infection control measure should Nurse Emma observe during her visit to the family.

- A. Wear mask
- B. Use gloves

- C. Use face shield
- D. Wear gown

22. During the history taking, which of the following is the MOST common symptom of Scabies that the family would report to Nurse Emma?

- A. Rashes
- B. Swelling
- C. Scaling
- D. Itchiness

23. In providing health teaching to the family, Nurse Emma would include in her teachings the etiology of scabies which is ____.

- A. Virus
- B. Fungi
- C. bacteria
- D. parasite

24. The mother of the family asked Nurse Emma how to apply the anti-scabies lotion. The nurse should teach the family to apply the anti-scabies lotion to ____.

- A. all skin areas
- B. affected skin
- C. open lesions
- D. Reddened areas

25. In order PREVENT the spread of scabies infestation to other residents in the community, Nurse Emma should teach the family, which of the following?

- A. Boil the utensils used by the patients
- B. Avoid sharing items used by the infected person
- C. Take a bath three or more times a day.
- D. Wear mask and shield at all times even at home.

SITUATION 6- As nurse supervisor of the health center Nurse Ellen intends to enhance her competencies regarding resource management and care of the environment.

26. Which type of plan should the nurse employ to assess the strengths and weakness of the organization?

- A. Nursing care
- B. Operational
- C. Strategic
- D. Program

27. Which BEST describes the planning function of Nurse Ellen in her role as nurse manager?

- A. Get and develop people to do the work.
- B. Distributes and arranges work to ensure smooth operation of the unit.
- C. Determines the actual performance compared with the desired output.
- D. Determine how to achieve the mandate of work

28. To assist them enhance their performance at work, the nurse manager should review regularly pertaining to the staff's

- A. Number of submitted incident report
- B. Academic performance incident report
- C. job description
- D. Family dynamics

29. Doing year end performance evaluation of the staff is an example of

- A. planning
- B. controlling
- C. organizing
- D. staffing

30. Which is the MOST important criterion in budgeting?

- A. flexibility
- B. standardized
- C. Consistency
- D. Cost effectiveness

SITUATION 7- Nurse Mely considers teamwork and collaboration as important components of community HEALTH NURSING

31. Which of the following is the PRIMARY goal of collaboration

- A. Less number of people is needed
- B. Camaraderie
- C. Accomplish goals
- D. Work is faster

32. Which are KEY ELEMENTS of collaboration

- 1. Shared vision
- 2. Partnership
- 3. Working Together
- 4. Unity

- A. 1, 2, 3
- B. 3, 4
- C. 1, 2
- D. 1, 2, 3, 4

33. Which of the following is the MOST important purpose of teamwork

- 1. Work is faster
- 2. Promotes trust
- 3. Sense of Security
- 4. Unity

- A. 1, 2
- B. 1, 2, 3, 4
- C. 3, 4
- D. 1, 2, 3

34. Which of the following BEST describe strong team?

- A. Cohesive
- B. Shared goal
- C. Driven
- D. Sense of mission

35. Collaboration and teamwork are essential in public health to improve

- A. staff performance
- B. Proper use of resources
- C. Equity in services
- D. Quality of health care

SITUATION 8 - An 18 years old, female college student was accompanied by her mother for consultation at the municipal

health center. According to her mother the patient had been having difficulty concentrating with her lesson, had tendency to isolate inside her room and frequently in an angry mood. The physician ordered for psychiatric consult.

36. In order to determine the patient's ability to concentrate and focus, which would be the **PRIORITY** nursing action?

- A. Ask for the academic performance
- B. Conduct paper and pencil test
- C. Assess the mental status of the patient
- D. Refer the patient to the psychiatrist

37. While the nurse was taking her blood pressure, the patient suddenly stated, "They are talking about me!" She was referring to other patients who were waiting for their consultation. Which of the following should be the **APPROPRIATE** nursing action?

- A. Present the reality situation
- B. Distract patient's attention
- C. Disagree with the patient
- D. Validate the statement

38. In taking patient's history from the mother, the nurse should ask the mother information related to the daughters' _____.

- A. Schooling
- B. Menarche
- C. Pregnancy
- D. Immunization

39. Nurse May is alarm by the incidence of number of young adults in the community with mental problems. Which of the following should be her **PRIORITY** nursing initiative?

- A. Refer all to tertiary hospital
- B. Request for psychiatric drugs.
- C. Set up debriefing center
- D. Set up mental health program

40. In giving health teaching to the mother how to manage the patient at home, which of the following she should emphasize?

- A. Give the patient more time for self
- B. Impose strict discipline
- C. Do traditional parenting style
- D. Need for emotional support

SITUATION 9- When prioritizing problems in the community, the problems are categorized as health status, health resource or health related.

41. Nurse Maris is correct in identifying which of the following is a health resource problem?

- A. Increase in number of deaths from Pneumonia
- B. Feud between the midwife and head of the Sanitation Committee
- C. Absence of midwife in the community to render health services
- D. High Maternal Mortality Rate.

42. There are five criteria in prioritizing community health problems. If Nurse Maris is estimating the proportion of the population affected by the problem, she is using what criterion in prioritization?

- A. Social Concern
- B. Nature of the problem
- C. Magnitude of the problem
- D. Modifiability of the problem

43. Nurse Maris oftentimes encounter barriers select a barrier to goal setting between the nurse and the family.

- A. Educational attainment
- B. Nature of employment
- C. Failure of family to perceive existence of problem
- D. Socio economic status

44. Which is the MOST appropriate intervention should the nurse do to help family perform the health tasks?

- A. Allow family to decide to use health resources
- B. Help the family to recognize the problem
- C. Leave the family what action take on their problem
- D. Refer family to barangay officials for guidance

45. Choose the step of nursing process that identifies the family health seeking behavior.

A. Assessment

B. Implementation

C. Planning

D. Evaluation

SITUATION 10 – Nurse Jane is the team leader of group of nurses who plans to utilize community organizing Participative Action Research {CO-PAR}

46. Which of the following BEST describes the PRIMARY goal of CO-PAR?

A. Enhances the skills of the nurse in research.

B. Makes the community empowered and self-reliant

C. Increases of the community programs

D. Helps clean-up and beautiful the community

47. At the pre- Entry phase, which of the following is the FIRST step in the CO-PAR process?

A. Survey the community

B. Train technical working group

C. Hold a community assembly

D. Create a core group

48. In participative Action Research [PAR] which step will empower the community?

A. The nurse performs most of the task

B. Health team directs all the activities of the place

C. Participation and engagement of the community

D. Barangay head appoints people in charge

49. The nurse, as the community organizer, immerses self by joining local folks in their usual everyday activities in order to_____

A. gain trust and rapport of people

B. make self popular among people

C. identify the spot leaders

D. become familiar with the place

50. In CO-PAR, which is the MOST important role of the public

health nurses?

- A. Caregiver
- B. Expert
- C. Financer
- D. Adviser

SITUATION 11- Nurse Vince is assigned as the team leader of newly hired community health nurses of the component city in the province. He oriented them about primary health care.

51. Which of the following are some elements of the primary health care except?

- A. Use of appropriate technology
- B. Safe water supply
- C. Free medicine
- D. Maternal and child care

52. Nurse Vince is going to refer patient to secondary health facility. Which of the following is an example of secondary health facility?

- A. District Hospital
- B. Puereculture center
- C. Rural health unit
- D. Barangay Health Station

53. Which of the following herbal medicine is recommended for cough?

- A. Sambong
- B. Guava
- C. bawang
- D. Lagundi

54. Guava leaves are recommended by the department of health to:

- A. Dissolve kidney stones
- B. Lower blood pressure
- C. Remedy for cough
- D. Wash wound

55. This global program aims to end poverty and protect the planet?

- A. Center of the disease control
- B. Sustainable development goal
- C. Millenium development goal
- D. World health organization

SITUATION 12- IN the community where Nurse Noli is assigned there are many obese individual who are suffering from different heart ailment.

56. Which initiative should Nurse Noli introduce in order decrease incidence of risk factors especially obesity.

- A. Wellness and fitness program
- B. Obesity is natural body response
- C. Tell them to go the gym
- D. They have to undergo strict dietary regimen

57. Which should be emphasize by the nurse in her health teachings?

- A. Jogging a mile a day
- B. No need to diet
- C. Vigorous exercise
- D. Weight reduction

58. Nurse Noli should advise the patients the following except:

- A. Cut down on salt intake
- B. More fruits and vegetables
- C. Eat regular meals
- D. Eat more saturated fats

59. To prevent complications from their heart diseases the nurse recommends to the patient regular monitoring of their blood.

- A. Cholesterol
- B. Nitrogen
- C. Type
- D. Oxygenation

60. Nurse Noli should include in his health teaching the following EXCEPT:

- A. Less saturated fat
- B. Weight within normal limits
- C. Exercise regularly
- D. More fats in the diet

SITUATION 13- NURSE Mae is a new supervisor of the health center. Her program thrust include excellent and quality provision of services and performance of the staff.

61. To ensure that the staff adheres to their job responsibilities which should be the APPROPRIATE tool should Nurse Mae utilize in evaluating staff performance?

- A. Memorandum
- B. Performance evaluation
- C. Incident report
- D. Anecdotal report

62. As a nurse manager, which nursing action should do to let the staff imbibe the culture of quality at the health center?

- A. Become a role model
- B. Reprimand every now and then
- C. Frequent meetings
- D. allow them to read books

63. Which measures will be used in the unit to ensure patients satisfaction of the delivery of health services?

- A. Encourage to use social media
- B. Provides means to evaluate services
- C. Verbal feedback
- D. Ask the local officials

64. Which is the simple meaning of standards of nursing care?

- A. What protects the nurse
- B. How the nurse will behave
- C. How much work is done
- D. What to do

65. Which is the BEST strategy that nurse should employ to give feedback on patient evaluation of health services?

- A. Put the evaluation at supervisor's office
- B. Send letter to all
- C. Conduct staff meeting
- D. Through bulletin board

SITUATION 14- With the onset of rainy seasons, Nurse Nena and their team are on alert for increase in case of dengue fever.

66. Identify the causative agent of dengue fever.

- A. Fomite
- B. Vector
- C. Bacteria
- D. Virus

67. Which of the following strategies would prove effective in preventing more incidence of dengue infection?

- A. Healthy nutritious food
- B. Burning of leaves and garbage
- C. Destruction of breeding place of vectors
- D. Adequate rest and sleep

68. Bleeding is the most serious complication of dengue infection. When is the patient be watched for symptoms of bleeding?

- A. 4th to 4days
- B. At the onset symptoms
- C. 2nd to 3rd day
- D. 1st day

69. Which of the information about the nature of dengue fever the nurse should relay to the community?

- A. It is always life threatening
- B. It could be deadly but preventable
- C. It responds well do antibiotics
- D. The incubation period is variable

70. Which diagnostic test could be useful in confirming the diagnosis of Dengue Fever?

- A. Rumpell –Lead
- B. Mantoux
- C. Elisa
- D. Widal

SITUATION 15- Nurse Rica finds effective communication as the key to successful community health nursing.

71. When writing a memorandum, which of the following is the MOST important guideline?

- A. Purpose is included
- B. Content clear
- C. Friendly tone
- D. One topic at time

72. Which of the following is an INDICATOR of effective communication?

- A. Receiver
- B. Feedback
- C. Sender
- D. Non Verbal communication

73. Nurse Rica, would like to start about her treatment to make she understood the patient which communication technique she should use?

- A. Clarifying
- B. Restating
- C. Challenging
- D. Board opening

74. The patient told her something about her treatment to make she understood the patient which communication technique should be used by the nurse?

- A. Clarifying
- B. Focusing
- C Validating
- D. Restating

75. Non-Verbal communication is as strong in conveying information because the nurse can?

- A. Observes gestures
- B. Body language could be observed
- C. Sender less effort
- D. Actions speaks louder than words

SITUATION 16- Nurse Lyn plans to enhance her personal and professional development.

76. Choose an indicator that model personal professional behavior and values.

- A. Utilizes communication and social media responsibly
- B. Attends conferences
- C. Enrolls in school
- D. Joins civic organization

77. Nurses should have knowledge about professional organization. Which o the following is the accredited professional organization of the nurses?

- A. Maternal child nursing
- B. Philippine nurses Association, Inc.
- C. National League of Government Nurses of the Philippines
- D. Association Nursing Service Administrators of the Philippine

78. A profession is characterized by the following except:

- A. Body of knowledge
- B. Code of ethics
- C. Member of professional organization
- D. Engages in research

79. Which of the following is an example of self directed learning activity-?

- A. Research at work
- B. Attends webinars
- C. Attendance to graduate school
- D. Engaged in research

80. Aside from attending seminars which of the following information continuing education programs should the nurse engage herself EXCEPT:

- A. Attending professional conventions
- B. webinars
- C. Symptoms
- D. Doing research as academic conventions.

SITUATION 17- Nurse Betty is assigned as team leader of the group of community health Nurses who are tasked to conduct a Community Diagnosis in one of the far-flung barangays of the municipality.

81. While preparing to depart to their assigned barangay, Nurse Betty informs her group that the PRIMARY purpose of conducting community diagnosis is to_____.

- A. do assessment of the community profile
- B. count the number of morbidity in the place
- C. asses the number of indigenous people
- D. form a core group of selected residents

82. Nurse Betty and her group followed the steps of community diagnosis. Which come after the formulation of objectives?

- A. Determine data to be collected
- B. Define the study population
- C. Analyzed the collected data
- D. Collect the needed data

83. In the step of community diagnosis where data are collected. Which of the following tools is utilized less?

- A. Interview guide
- B. Observation checklist
- C. Survey questionnaire
- D. Case study

84. To prepare the collected data about the health status of the community for analysis, which is the APROPRIATE step that the group of Nurse Betty should do?

- A. Analyze data
- B. Interpret data
- C. Present data
- D. Make conclusion

85. Once of the group of Nurse Betty is able to identify community health problems. Which would be APPROPRIATE for them to do in order to be able to plan for necessary intervention?

- A. present the data
- B. Formulate objective
- C. Evaluate the data
- D. Set priorities

SITUATION 18- At present the public knows their right in health care. The Community health nurse should be confident and safe in the practice of her profession.

86. Nurse has complaint from a parent for administering wrong dose of vaccine to the child. This act is a form of ____.

- A. Battery
- B. Assault
- C. Negligence
- D. Malpractice

87. When Nurse Ace submitted a report to the physician that she committed an error in medication. This is an example of ____.

- A. Responsibility
- B. Accountability
- C. Commitment
- D. Delegation

88. Who among the following is the BEST to sign an informed consent during a surgical procedure of a child at the health center?

- A. A 26 year old brother who is a drug addict
- B. A father who is 40 years old and illiterate
- C. A sister, 21 years old but undergoing dialysis
- D. A mother, 35 years old with on and off seizure

89. A nurse administer extra dose of vaccine to a child and the patient developed adverse reaction and died. She can be used for ____.

- A. Negligence
- B. Malpractice
- C. Tort

D. Battery

90. A patient was for transfer to a tertiary hospital because of severe asthma, but the nurse does not prepare the patient right away and the patient dies. Which of the following the nurse is liable?

A. Malpractice

B. Assault

C. Murder

D. Battery

SITUATION 19- Health education is one of the essential services at the community setting. Nurse Nene is in charge of health education activities of the rural health unit.

91. Which of the following is TRUE about the health education in public health?

A. It only done by professionals like nurses.

B. It is every health worker responsibility

C. It is remains constant

D. It is seldom use in public health setting

92. The BEST result of health education process is

A. It influences and change behavior

B. It provides new inputs

C. Update others

D. Information transfer

93. Which of the following explains health education is creative process?

1. It could employ a variety of strategies

2. It can be done anywhere

3. It could perform by any member of the health team

4. It is a valuable health service

A. 1, 2, 3

B. 1, 2

C. 3, 4

D. 1, 2, 3, 4

94. To families and individual in the community, Which is the

MOST important goal of health education?

- A. To study their life history
- B. to identify their weaknesses
- C. To totally change their lifestyle
- D. To motivate them to develop skills and literacy in health.

95. As a whole health education in public health aims to_____.

- A. Transfers information
- B. Make life changes
- C. Better health opportunities
- D. Change personality

SITUATION 20- Nurse Mary is assigned to manage the Non Communicable Disease residents who are having Hypertension.

96. Which assessment findings is INDICATIVE of the diagnosis of hypertension?

- A. Family members with high blood pressure
- B. Elevation of blood cholesterol level
- C. Stressful work environment
- D. Consistent elevation of blood pressure

97. Identify the MOST appropriate diagnostic examination that confirms the incidence of hypertension among residence.

- A. Chest Xray
- B. Electrocardiogram
- C. Ultrasound
- D. BP monitoring

98. Which medication will be prescribed to control and maintain the blood pressure of patients at normal level?

- A. Lidocaine
- B. Epinephrine
- C. Amlodipine
- D. Furosemide

99. Nurse Mary had observed that most patient with hypertension stop taking their medications and heard them saying “I feel good already” Which is the APPROPRIATE nursing diagnosis?

- A. Impaired gas exchange
- B. Anxiety
- C. Knowledge deficit
- D. Ineffective coping

100. During the conduct of his health teaching to the patients, Which should the nurse emphasize to maintain blood pressure at normal level?

1. Smoke in moderation
2. Exercise regularly
3. Consume less salt
4. Less stress

- A. 2, 3, 4, 5
- B. 1, 2, 3, 4
- C. 1, 2, 4, 5
- D. 1, 3, 4, 5

NP 2

SITUATION 1- Nurse Trining has been assigned to the pediatric ward for two years. She wants to join the team of nurses who will be conducting a study on sleep. The team leader wants to be assured that the nurse Trining is equipped with the basic knowledge of nursing research.

1. The team leader decided to ask Nurse Trining the meaning of informed consent. After being able to define what the term means, she was further asked the reasons for it use. Nurse Trining's answer should be, which of the following?

- A. 1, 2 & 3
- B. 2 only
- C. 1, 2, 3 & 4
- D. 3 only

2. As to the observance of respecting privacy, Nurse Trining explained about_____.

- A. breach of contract
- B. anonymity
- C. ethical dilemma
- D. confidentiality

3. In nursing, Nurse Trining explained that the main GOAL of conducting a research is to_____.

- A. justify the role of nurses as health care provider
- B. establish a credible body of evidence to support and improve the delivery of care.
- C. identify research priorities that will justify the oversupply of nurses.
- D. develop a body of knowledge to address non-nursing problems

4. In conducting a study on sleep, Nurse Trining was asked

which of the types of research will be used should it involve collecting numerical data which is the most often under considerable control. Her answer should be _____

- A. Ethnographic
- B. Phenomenological
- C. Qualitative
- D. Quantitative

5. Should a 24-hour period clinical observation and activities be considered in conducting the research on sleep, the type of study that training will be conducting is ____.

- A. Quantitative
- B. Descriptive
- C. Ethnological
- D. Exploratory

SITUATION 2- Presley enters the labor and delivery unit in probable preterm labor at 36 weeks' gestation. The patient was informed that the fetus is in breech presentation. She has a catheterized urine specimen ordered.

6. Patient Presley asks the nurse why such a diagnostic procedure is required. What is the MOST APPROPRIATE answer can the nurse give?

- A. Urinary tract infections are strongly associated with the occurrence of preterm labor.
- B. Reduced sensation to urinate usually occur during preterm labor.
- C. Preterm labor treatment usually causes women bladder infection because of restricted fluid intake.
- D. Catheterized urine is usually ordered for any woman admitted to the labor and delivery unit.

7. Betamethasone (Celestone) is prescribed to be administered and the patient asks nurse Hope about the purpose of this medication?

- A. Promote fetal lung maturity.
- B. Prevent the premature closure of the ductus arteriosus.
- C. Delay delivery for at least 48 hours,
- D. Stop the premature uterine contractions.

8. Patient Presley who is ordered for diagnostic pelvic ultrasounds ask what preparation she'll take. Appropriate preparations for this procedure include ____.

- A. explanation of the procedure
- B. NPO 6 hours before
- C. Informed consent
- D. voiding

9. Pelvic ultrasound can detect, which of the following?

- A. Congenital defects in the structure, fetal gender, H-mole
- B. Fetal sex, number, and lung maturity
- C. Fetal DM, multiple pregnancies, fetal age of gestation
- D. Fetal congenital defects, placenta previa, fetal lung maturity

10. The labor progress and the physician performed amniotomy. Nurse Hope should FIRST assess for:

- A. bladder distention
- B. maternal blood pressure
- C. cervical dilatation
- D. fetal heart rate (FHR) pattern

SITUATION 3- Sienna, a patient with severe preeclampsia is admitted to the hospital. She is the student from one of the local universities and insist on continuing studies while in the hospital, despite being instructed to rest. The patients studies approximately 10 hours a day and has numerous visit from fellow students, family and friends.

11. Which intervention should the nurse use to promote rest?

- A. Develop a routine with the patient to balance her studies and her rest needs.
- B. Include a significant other in helping the patients understand the need for rest.
- C. Instruct the patients that the baby's health is more important than her studies at this time.
- D. Ask complying with her why she is not complying with the prescription of bed rest.

12. Patients Sienna who seems to be irritated with the nurse said "I don't want to talk with you because you're only a nurse. I will

wait for my doctor.” Which of the following should the nurse say in response to the patient?

- A. Your doctor prescribed this for us to do nursing care.
- B. I understand. I should call your doctor.
- C. I’m angry with the way you dismiss me.
- D. So then you would prefer to speak with your doctor?

13. Nurse Mauve is now ethical dilemma. This occurs when_____.

- A. a decision had to be made quickly under stressful situation
- B. choices are unclear
- C. there is a conflict between the nurse’s decision and that of his/her superior¹⁹³
- D. there is a conflict of two or more ethical principles

14. Despite the reaction of the patient. Which of the ethical principles that the nurse is responsible of providing all patients with caring attention and information?

- A. Beneficence
- B. Nonmaleficence
- C. Veracity
- D. Advocacy

15. Nurse Mauve should plan to initiate which action to provide a safe environment?

- A. Take the patient’s vital signs every 4 hours.
- B. Encourage visits from family and friends for psychosocial support
- C. Maintain fluid and sodium restrictions.
- D. Take off the room lights and draw the window shades.

SITUATION 4- Nurse Nanie is admitting five-year-old Krini due to cough, respiratory distress, anxiety and signs of dehydration. The working diagnosis is pneumonia.

16. Nurse Nanie is aware that history taking and physical exam are critical to the diagnostic process and often provide more information than can be gained by broad testing strategies. History taking includes the following, EXCEPT_____.

- A. History of present illness
- B. Religious affiliation
- C. Social & Family history
- D. Past medical history

17. The objective of taking the history of present illness is to illicit the chronologic description of the chief complaint. Which of the following questions would try to answer what Nurse Nanie wishes to illicit?

- A. 1, 2, & 3
- B. 2, 3 & 4
- C. 1, 2, 3, & 4
- D. 1, 2, & 3

18. Past medical history section of Krini contains the following, but NOT ____.

- A. Prenatal history
- B. Child hood illness
- C. Current history
- D. Birth history

19. Which of the following statements is TRUE?

- A. History must taking must be long regardless if the child appears to be well.
- B. No proper history can be obtained without observation of the child and the mother.
- C. Nurse Nanie should refrain from asking about the illness of other members of the family.
- D. An example of what can be elicited from asocial history is how the disease started.

20. In order not to frighten small children, it is best to examine things that are uncomfortable or frightening to them last so as not to lose their cooperation. This means the LAST thing to do in a child is, which of the following, EXCEPT ____.

- A. Inspections of the throat with a throat stick
 - B. Inspection of the ears with an otoscope
 - C. Auscultation of the heart
 - D. Undressing the child
-

SITUATION 5- Ximena a Christian 29-year-old pregnant woman was admitted to the hospital with a complaint of moderate hypogastric pain. She intends to visit the clinic for her first prenatal check-up and informs nurse parker that she did not realize she's pregnant until a week ago. As a result, she has been on a diet, weightlifting at the health gym.

21. Patient Ximena was seen by the physician and was ordered for a medication that is larger than the standard dose. What should the nurse medication that is larger than the standard dose. What should the nurse do?

- A. Give a drug as prescribed
- B. Inform the supervisor
- C. Give the average dose of the medication
- D. Discuss the prescription with the physician

22. The patient refuses to take the medication because it causes diarrhea. Nurse Parker explains the action of the drug but the patient vehemently refuses the medication. What should be the INITIAL action of the nurse?

- A. Discuss with a family member the need for the patient to take the medication.
- B. Document the patient's refusal to take the medication
- C. Notify the physician of the patient's refusal to take the medication
- D. Explain again to the patient the consequences of refusing to take the medication

23. As a strong believer of her faith and the need for spiritual guidance, patient Ximena request that she wants that allergy will visit her. How did nurse parker function when she initiated the visit?

- A. Dependently
- B. collegially
- C. Interdependently
- D. Independently

24. Patient Ximena sought referral to an abortion clinic from the nurse. Reasons out that her pregnancy a burden to her work and daily routines. What should be the BEST RESPONSE of the

nurse?

- A. It will cause discrimination from friends and relatives.
- B. Inform her that abortion is morally and legally wrong by virtue of the law
- C. It will cause infection
- D. It is against any religion

25. The incoming nurse on duty reported, the nurse is administering a medication, the patient says, 'This pill looks different from the one I had taken before.' 'What is the APPROPRIATE action of the nurse?

- A. Explain the purpose of the medication
- B. Encourage the patients to take the medication
- C. Check the original medication prescription
- D. Ask what the other pill looked like

SITUATIONS 6- A newly hired nurse is assigned in the OB ward. She was supervised by a senior nurse.

26. She asked by the nurse supervisor about her concern and what are the considered ideal fetal positions for a healthy delivery?

- A. Right occipitoposterior with no flexion
- B. Right occipitoposterior with full flexion
- C. Left transverse anterior in moderate flexion
- D. Left sacroanterior with full flexion

27. The physician ordered sonography. The nurse informs the ultrasounds unit in charge and prepares the patients for the procedure. The patients asks the importance of the procedure, the nurse's CORRECT response is_____.

- A. to determine diameters of the fetal skull
- B. increase sensitivity for common bile duct of the fetus
- C. useful to a visualized cystic duct of the fetus
- D. to assess fetus' well-being

28. The newly hired nurse asks for advice from the supervisor. The supervisors notices that the newly hired nurse felt uneasy upon learning that the fetus is on breech presentation. Which of the following is the BEST RESPONSE by the supervisors?

- A. "I understand how you feel. Tell me more."
- B. "Is this your first time to witness a breech presentation?"
- C. "Are you afraid to assist the case?"
- D. "Don't worry. There's always a first time".

29. After the successful vaginal delivery, OXYTOCIN medication was ordered to be given immediately. The supervisors reassured the newly hired nurse that everything will be fine because the medication will ____.

- A. Promote vasoconstriction of uterine muscles
- B. hasten uterine contractility and control and control bleeding
- C. facilitate the return of pregnancy vital signs
- D. promote vasodilation of uterine muscle

30. The newly – hired nurse oriented the caregiver hired by the couple. Which of the following should be nurse encourage the parents to do?

- A. Relate to each twin individually to enhance the attachment process.
- B. Avoid assistance from other family members and support groups
- C. Bottle-feed the twins to prevent maternal exhaustion
- D. plan for each parent to spend equal amounts of time with each twin

SITUATION 7 - Lillian 2-week postpartum mother is seen in the health center. Redness on the left breast, and the mother is diagnosed with mastitis.

31. Which additional finding confirms the diagnosis that the patient has has mastitis?

- A. Enlarged glands in the axilla
- B. Normal temperature
- C. Engorged both breasts
- D. Hard mass and reddened area

32. Lillian asks the nurse the cause of this ailments. Which of the following would the nurse explain as predisposing factors of mastitis? (Select all that apply)

- A. II and IV
- B. I and IV
- C. I and II
- D. II and III

33. Lillian complains of unbearable pain. Which of the following characteristics are EMPHASIZED in a culturally sensitive nursing care?(Select all that apply)

- A. III and IV
- B. I and II
- C. I and III
- D. II and III

34. Nurse Addison provides instructions about measures to prevent postpartum mastitis who is breast feeding her newborn. Which of the following would indicate that the mother needs further instruction? “ I should___.

- A. wash my hands well before breastfeeding
- B. breastfeed every 2- 3 hours
- C. change the breast pads frequently
- D. wash my nipples with soap and water prior to feeding

35. Considering her level of knowledge and the anxiety of her condition, patient Lillian raised questions on possible ways of relieving her breast discomfort. Which of the statements NEEDS further instructions?

- A. “ I have to stop breastfeeding until this condition resolves.”
- B. “ I can take antibiotics, and should begin to feel better in 24 to 48 hours.”
- C. “I can use analgesic to assist in alleviating some of these discomforts.”
- D. “ I have to wear a supportive bra to relieve the discomfort.”

SITUATION 8- Nurse Lyca is assigned in the Nursery. She is performing newborn assessment on a baby Boy Pratts born at 40 weeks gestation.

36. Using APGAR Score, Nurse Lyca should bear in mind that is method of evaluating a newborn's condition is used at how many minutes after birth?

- A. 1 to 10
- B. 1 to 3
- C. 1 to 7
- D. 1 to 5

37. Nurse Lyca is aware that testing of vision in infants and children has been treated separately from the testing adult. Which of the statement is not true?

- A. Infants and children often cannot be tested with the same materials and techniques as adults.
- B. Special techniques often must be used, especially to standards that apply to test for adults.
- C. Some infants who appear visually impaired early in life will not show normal visual responses several weeks or months later.
- D. Course of visual and cognitive develop must be taken into account in evaluating infants' and children's visual abilities.

38. The false statement about physiologic jaundice in the statement below is _____.

- A. Caused by impairment in the removal of bilirubin deficiency in the production of glucoronide transferase.
- B. Begins to decrease by 6th or 7th day.
- C. Is visible in skin and sclera
- D. Begins after 48 hours of life

39. Neonatal jaundice FIRST becomes visible in which of the following parts?(Select all that apply)

- A. 3 & 4
- B. 1 & 2
- C. 1 & 4
- D. 2 & 3

40. When caring for patients with hyperbilirubinemia, the nursing care plan should focus on the following, EXCEPT_____.

- A. informing appropriately the significant others
- B. preventing injury
- C. maintaining physiological homeostasis with bilirubin levels increasing
- D. preventing complications

SITUATIONS 9 - Lily, 23-year-old pregnant woman, 37th week's gestation, is admitted in the intensive care unit due paroxysmal ventricular tachycardia. The patients is conscious; cervix is open so they decided to induce labor.

41. When the patient was informed about induction, she ask Nurse Aurora what is it all about. Which of the following statement by the nurse is correct? Inductions is a_____

- A. local anesthesia used for blocking pain during episiotomy stimulate labor
- B. deliberate initiation of uterine contractions that stimulates labor
- C. medication injected into the subarachnoid space and has a rapid onset of action
- D. procedure performed by artificial rupture of the membranes

42. Which of the following statement is NOT an indication for any uterine stimulants (Oxytocin)?

- A. Preinducting cervical ripening
- B. Controlling postpartum bleeding
- C. Inducing or augmenting labor
- D. Manages an incomplete abortion

43. Oxytocin drip was started to induce labor. Which assessment

findings should cause the nurse to IMMEDIATELY discontinue the oxytocin infusion?(SELECT ALL THAT APPLY)

- A. III and IV
- B. II and III
- C. I and III
- D. I and II

44. Simultaneous with the oxytocin drip (left arm) is the prescribed intravenous (IV) lidocaine (Xylocaine). Nurse Aurora should dilute the concentrated solution of lidocaine (right arm) with which solution?

- A. 5 percent Dextrose in water
- B. Normal saline 0.99 percent
- C. Normal saline 0.45 percent
- D. Lactated Ringer's

45. Take home medications given to patient Lily includes digitalis therapy which was given to patient since she was pregnant. Which of the following would the nurse anticipate with patient's drug therapy?

- A. Switching to a more potent drug
- B. Continuation of the same dosage
- C. Need for change in medication
- D. Addition of diuretic to the regimen

SITUATION 10- The indication of tracheostomy in children has changed care of patient Irma, an eight year old female child, who was admitted to the pediatric ward due to pneumonia. The child is taking care of this patient being her first day of duty in the pediatric Ward.

46. When preparing the patient for suctioning, what is the FIRST step?

- A. Perform hand hygiene
- B. Gather equipment
- C. Assess lung sounds, heart rate and care plan

D. Check physician's order and patient care plan

47. Patient Irma will be placed in which of the following position? Select all that apply.

- A. 1, 2 and 3
- B. 2 only
- C. 1 & 2
- D. 1 only

48. Usually the common indication (s) for the tracheostomy in patients Irma's condition is which of the following? (SELECT ALL THAT APPLY)

- A. 2 only
- B. 1 & 2
- C. 1, 2, 3 & 4
- D. 1 only

49. The PRIORITY nursing objective when caring a patient with a tracheostomy is _____

- A. To increase tissue oxygenation
- B. To provide patient airway**
- C. To decrease tissue oxygenation
- D. TO improve ventilation

50. The Top nursing expected outcome performing suctioning is _____

- A. Lessened amount of secretions leading to decreased frequency of suctioning
- B. Secretions removed without complication**
- C. Tube-fed patient does not aspirate feeding

D. Prevention of occurrence of hypoxemia and bradycardia.

SITUATION 11- Sonny, 11-year-old, is admitted due to bronchitis. Upon production of mucus (sputum), yellowish in color, fatigue, shortness of breath, slight fever and chills and chest discomfort. The physician orders 4l/min oxygenation.

51. The first standards step in oxygen therapy that the nurse should do is ____.

- A. assess client's condition
- B. gather all the equipment and supplies
- C. prepare the client for the oxygen treatment
- D. check the chart for ordered flow rate and oxygen delivery method

52. In planning for Sonny's oxygen therapy the nurse should consider which of the following EXCEPT ____

- A. Need for a humidifier
- B. length of tubing
- C. determine the age of Excel
- D. manner of administering oxygen, continuous or intermittent

53. Which of the following is the PRIORITY action for the nurse for Sonny who is on oxygen therapy?

- A. Check the flow
- B. Connect the flow meter to the pipe oxygen outlet
- C. turn on the oxygen
- D. attach the humidifier and connecting tubing to the oxygen delivery

54. What PRIORITY precautionary measure should be done by the nurse during the oxygen therapy?

- A. Humidifier's water should be checked regularly
- B. No smoking sign
- C. Oxygen tank should have belt
- D. Limit visitors

55. One evening, Sonny complained of dyspnea despite continuous oxygen therapy. What should be the first action of the nurse?

- A. Reassess the client

- B. Give PRN medication
- C. Assess the patency of the tubing
- D. Refer client to the physician

SITUATION 12- The senior nurse Reese, is planning to revisit and implement a change in the management system for the obstetric Unit. This would be a pilot unit as planned by the administration. Many problems have occurred one of which is the present documentation system, and the charge nurse determines that a change is required.

56. What should be the INITIAL STEP in the process of change for the senior nurse.

- A. Set goals and priorities regarding the change process
- B. Plan strategies and implement the change.
- C. Identify potential solutions and strategies for the change.
- D. Identify the inefficiency that needs improvement or correction.

57. Nurse Reese is preparing the patient assignment for the day and need to assign patient to midwife and nursing assistant. Which patient should the nurse assign to the midwife because of patient needs that cannot be met by the nursing assistant? A patient requiring_____.

- A. dressing change of post caesarian surgery
- B. collecting of urine specimen for urinalysis testing
- C. performing range-of-motion exercise twice a day
- D. taking of vital signs measurement every 4 hours

58. Because of the scarcity of nurses in the hospital settings, different service delivery models were proposed. Which situation represents the primary nursing care delivery model?

- A. The nursing aide is assigned to make beds and other errands.
- B. The nurse develops a plan of care for patients and collaborates with other team members.
- C. The nurse performs all task needed by the individual patient to optimize health.
- D. The nurse provides care to 4 patients while the nursing aide is to care for 2 patients.

59. One of the post-caesarian patient has a private duty nurse and is responsible for providing holistic care to her patient during the shift. What modality of nursing care is implement?

- A. Primary
- B. Team
- C. Total care
- D. Functional

60. At which stage of Lewin's planned change indicate the nurse identifying, planning and implementing appropriate strategies ensuring that driving forces exceed restraining forces?

- A. refreezing
- B. unfreezing
- C. movement
- D. in activism

SITUATION 13- Olivia, a 25-year-old, high school student Visited the health center for prenatal check up. Per nurse's initial assessment, the patient drink alcohol and smokes cigarettes about 5 sticks a day for 2 years now. Her last menstrual period (LMP) was October 10, 2020

61. Base on the nurse's computation utilizing Naegele's rule, the patient's expected date of birth (EDB) Will be on_____.

- A. September 17, 2021
- B. June 17, 2021
- C. July 17, 2021
- D. August 17, 2021

10 10 2020
- 3 11 11

July 17 2021

62. Which of the following is the MOST common emotional response among women during the first trimester of pregnancy?

- A. Ambivalence
- B. Depression
- C. Acceptance
- D. Jealousy

63. Olivia mentioned that she can experience uttering squeezing. Which of the following signs of normal pregnancy should the nurse consider?

- A. Braxton-Hicks contractions
- B. Hegar's sign
- C. Ballottement
- D. Goodell's sign

64. Nurse Emma advised the patient to quit smoking because nicotine will contribute to ____.

- A. low birth weight infant
- B. ectopic tubal pregnancy
- C. congenital anomalies
- D. large for gestation age infants

65. Emotional lability is common to pregnant women. Identify which of the following reaction is accepted as part of a normal pregnancy?

- A. Feelings are easily hurt by remarks
- B. Mood swing
- C. Amusing or even charming situation
- D. Narcissism

SITUATION 14- Nurse Lingling is in the process of evaluating the effectiveness of her teaching which is the critical part of the process.

66. Which of the following would BEST help Nurse Lingling in conducting her evaluation?

- A. Written examination
- B. Change in behavior
- C. Return demonstration
- D. Obtain feedback from the client

67. Which of the following aspects nurses continually teach patients to do? (Select all that apply)

- A. 1 only
- B. 1, 2, 3
- C. 1, 2, 3, & 4
- D. 2 & 3

68. The first step in teaching is assessing which of the following? (Select all that apply).

- A. 1, 2, 3
- B. 3 & 4
- C. 1 only
- D. 1, 2, 3, 4

69. Which of the following environmental factors affect learning? (Select all that apply)

- A. 2 & 4
- B. 3 & 4
- C. 1 only
- D. 1, 2, 3, & 4

70. Which of the following environmental factors affect learning? (Select all that apply).

- A. 2 & 4
- B. 2 & 3
- C. 1, 2, 3, & 4
- D. 1, 2 & 3

SITUATION 15- Ramon, 6-year-old, has been recently diagnosed to have a cute Lymphocytic Leukemia. The child has undergone chemotherapy. However, the father is witnessing before his very eyes his first child dying. The father is very much depressed.

71. In what way will the nurse handle the situation?

- A. Tell her to trust on god's love and mercy

- B. Tell her that death is a reality
- C. Encourage her to keep calm because the health care team is doing their best to help Ramon recover.
- D. Encourage the mother to express more about her thought and feelings

72. The APPROPRIATE nursing diagnosis o protect the patient from further injury is, which of the following?

- A. Altered mucous membrane related to chemotherapy.
- B. Interrupted family processes related to life threatening illness of a family member.
- C. Fatigue related to disease process.
- D. Risk for injury related to thrombocytopenia.

73. Mouth sores have developed in the child's mouth. The father asked the nurse the reasons for this. The MOST APPROPRIATE response of the nurse os _____

- A. "The child's oral hygiene needs to be improved."
- B. "There is no need to have them/"
- C. "He is allergic to the drug so I will report this to the doctor and suggest a change of during."
- D." Mouth sores result because the cells of the mouth are sensitive to chemotherapy

74. Ramon died at 10:00 PM. His father cried much and refused to move Ramon's body. What is the APPROPRIATE approach of the nurse?

- A. Talk about the reality of death
- B. Leave the mother and the child for the last time
- C. Silence to allow the mother to grieve.
- D. Cry with the mother as you remember your own experience of death in family.

75. The nurse's MAIN responsibility in preparing Ramon's discharge is, which of the following?

- A. Assist the mother to pay the hospital bill.
- B. Prepare Ramon's cadaver.
- C. Prepare the death certificate.

D. Extend condolences to the bereaved family

SITUATION 16- Asst Chief for education & Training, Nurse Mendoza, is planning to conduct an inservice training program on intravenous therapy for the staff nurses.

76. To be able to justify the conduct of any inservice training program in a hospital, which of the following should be the bases for the implementation of the program?

- A. 1, 2, & 4
- B. 1, 2, & 4
- C. 1 only
- D. 1, 2, 3, & 4

77. The BEST rationale for the conduct of the program is which of the following?

- A. Ensure safe practice in the hospital
- B. Provide knowledge and skills to all nursing staff in IV therapy
- C. Improve nursing practice in general
- D. Deliver safe and quality nursing to all care patients on intravenous therapy

78. One of the lecturers discussed the complications that patients may have while on IV therapy. Which of the following is the most common complication that IV patient may contract while on IV therapy?

- A. Embolism
- B. Cardiac overload
- C. Phlebitis
- D. Aneurysm

79. The participants may avail of continuing professional Development (CPD) units if Nurse Mendoza had filed the program to be CPD accredited to which of the following?

- A. Professional Regulatory Board of Nursing

- B. Professional Regulation Commission
- C. Continuing Professional Development Council for Nursing
- D. Commission on Higher Education

80. The participants should know the way by which they may obtain CPD units aside from attending inservice training programs, which are EXCEPT _____

- A. professional seminars and conference
- B. graduate studies
- C. short course training for specialization
- D. joining nursing service committees

SITUATION 17- The concept of reproductive health is introduced as early as primary and secondary levels with different degrees of concentration. Students, interested to continue health courses were asking questions on human sexuality.

81. Nurse Hailey discusses the 2020 National Health Goals. Which of the following statements is an EXCEPTION in planning sexual health programs.

- A. Make sexual education program voluntary
- B. Increase the proportion of adolescents who have never engaged in sexual intercourse.
- C. Reduce deaths from cancer resulting from uterine cervix.
- D. Reduce deaths from cancer of the uterine cervix

82. Maternal and child Nursing is a concept under the national Goals. Which objective should nurse Hailey emphasize to support the program?

- A. Avoid having misdirected children and become street children.
- B. Promote the well-being of the mother's family life and family planning.
- C. Consider that every child has love, security, and a better future.
- D. Avoid complications of pregnancy and promote vaginal deliveries.

83. Which of the following topics should the patient feel MORE comfortable when reproductive anatomy and physiology is discussed with the nurse?

- A. Sexual health education
- B. Gender reassignment
- C. Varied sexual positions
- D. Gender identify

84. When can the patient tell all information to the nurse?

- A. All diagnostic laboratory test performed had been competed
- B. Once the feeling of security is established in the nurse-patient relationship
- C. A change in physical appearance occurs
- D. The nurse knows the genogram of the patient

85. Which nursing diagnosis is NOT RELEVANT to sexual health?

- A. Anxiety-related inability to conceive after six months.
- B. Health-seeking behaviors relayed to reproductive functioning.
- C. Sexual dysfunction related to high-risk sexual behaviors.
- D. Risk for infection related to high risk sexual behaviors.

SITUATION 18- Ruby, a pregnant patient 37-week gestation is admitted due to who has a diagnosis of sickle cell anemia.

86. Nurse Sophia administer oxygen to patient Ruby and implements additional measures to prevent a sickling crisis from occurring?

- A. Maintain strict asepsis.
- B. Maintains adequate hydration.
- C. Monitors the temperature.
- D. Reassures the patient.

87. Nurse Sophie hooks a 1000 mL intravenous (IV) solution of D5water as ordered by the physician at 9 am to infuse 80 mL/hr. via macro drop infusion at what would be the level of the remaining amount in the IV bag at 2 pm?

- A. 500
- B. 200
- C. 400
- D. 300

88. The patient began receiving an intravenous (IV) infusion of

packed red blood cells 30 minutes ago. The patients complain of difficulty of breathing, itching and a tight sensation the chest. Which is the IMMEDIATE action of the nurse?

- A. Recheck the unit of blood for compatibility.
- B. Call the physician.
- C. Check the patient's temperature.
- D. Stop the infusion.

89. Nurse Sophie checks the gauge of the patient's intravenous catheter. Which is the smallest gauge catheter that the nurse can use to administer blood?

- A. 22-gauge
- B. 18-gauge
- C. 20-gauge
- D. 12-gauge

90. The nurse reviews the patient's plan of care. Which of the following nursing diagnoses will be the PRIORITY?

- A. Fluid volume, deficit
- B. Risk for pain, acute
- C. Coping, ineffective
- D. Body image, disturbed

SITUATION 19- Nurse Nilda is a beginning nurse assigned in the pediatrics Unit in a government hospital. The unit has pediatric patients of different ages. Since she will be dealing with patients of varied ages, she thought it best to review her notes on human growth and development, specifically Erikson's psychosocial theory.

91. The BEST reason why the nurse Nilda opted to review Erikson's psychosocial theory is, which of the following statements?

- A. Completion of task results in a sense of competence and a healthy personality.
- B. Failure to master these task leads to feelings of inadequacy.
- C. Helps children grow into successful, contributing members of society.
- D. We are motivated by the need to achieve competence in certain areas of our lives.

92. Nurse Nilda immediately responds to any cry from her pediatric patients because it is, which of the following reasons?

- A. To attend to her patient who cannot communicate verbally
- B. To check if the child is hungry or wet
- C. To lessen the noise overload in the unit
- D. A powerful influence over that individual's interactions with others for the remainder of his/her life

93. Nurse Linda is attending to a two-year-old Neneng who was admitted due to chronic bronchitis. Neneng sports a long hair that extends after to her shoulder. As part of the morning care, Nurse Linda decided to style neneng's hair into pony tail. However, Neneng vehemently resisted her hair being tied by a rubber band. The BEST thing that Nurse Linda should do is, which of the following?

- A. Assert her authority
- B. Denny Neneng's preference
- C. Explain that a pony tail would make Neneng's more beautiful.
- D. Allow Neneng's preference

94. Joji, 17 years old is admitted in a private room due to influenza. In one of Nurse Linda's conversation with Joji, the patients expressed is unhappiness with the program he is taking up in the college. This is not his choice but rather the choice of his parents. In which of erikson's stage of development does this case fall?

- A. Autonomy versus shame/doubt
- B. Integrity versus despair
- C. Identify versus role confusion
- D. Trust versus distrust

95. When a 3-year-old patient of nurse Nilda asserts to choose the pants and shirt to wear to include food preference. Based on Erikson's development task, the child's such behavior is attributed to their which of the following?

- A. 1, 2, & 3
- B. 2, 3, & 4
- C. 1, 2, 3, & 4
- D. 1, 2, & 4

SITUATION 20- Gwen a unit manager is assign to evaluate applicants for the position in the OB Unit. During the interview, the applicant was asked 5 questions.

96. when a patient is admitted to the OB ward with complains of dizziness and body weakness, this is an example of_____.

- A. secondary source
- B. primary source
- C. objective data
- D. subjective data

97. What are the possible cases that need informed consent?

- A. Administering skin testing
- B. Subjective the patients to an invasive procedure
- C. Hair shampooing the patients
- D. Performing a laboratory procedure

98. The applicant was further asked about an incident report. Which of the following is a PRIORITY case for an incident report to be accomplished?

- A. Patient fell from the bed.
- B. A visitor encourage a patient on bed rest to ambulate.
- C. Refusal to go to the physical therapy session.
- D. Nurse left before his duty ends

99. On witch occasion would a nurse can be charge with negligence?

- A. Giving the patient the wrong medication
- B. Giving competent care.
- C. Following standards of care.
- D. Communicating with another health team.

100. What can be delegated to his nursing assistant during his tour of duty?

- A. Changing wound dressings.
- B. Administering analgesic drug.
- C. performing a physical drug.
- D. Taking vital sign.

NP 3

Situation I – Ethical and moral issues are becoming a common scenario in practice setting so health care providers have to be equipped with this competency.

1. In the clinical setting, when nurses are confronted with ethical dilemmas the BEST practical guide she can use of is ____ *

- A. PRC oath for professionals
- B. code of ethics
- C. theological doctrine
- D. Florence Nightingale oath

2. Mr. Rad is admitted to the hospital complaining of chest pain due to clogged in his coronary arteries. He is diabetic hypertensive and considered by the physician to be a high risk for cardiovascular surgery. What PRIORITY actions should the members of the health team do in this situation?*

- A. Consult the family members and let them give their decision.
- B. Proceed with the planned surgery, as this will save the patient.
- C. Consult the Ethics committee on what to do with the patient.
- D. Discuss with Mr. RAD his health status & let him decide

3. Mrs. Agnes, 77-year-old is suffering from dementia and demonstrate unruly behavior. When Nurse Gigi describe the patients in her shift report, as “That awful, Dirty old woman In bed 14” is an example of what ethical behavior being employed by the nurse?*

- A. Stigma
- B. Ageism
- C. Gender bias

D. Depersonalization

4. Mr. Rey, who is on an end-stage of life has an order of “Do Not Resuscitate” and past away in your shift. He was declared dead by his physician at 8:30 AM. What should be your PRIORITY nursing action in this situation.*

- A. Prepare the death certificate for the physician to sign
- B. Request your nurse attendant to all the funeral parlor at once.
- C. Allow the family to have private moments with the deceased.
- D. Clean the body and remove all the IV lines, tubes and other appliances.

5. When a nurse is in full support of patient’s care and safety personal rights throughout her hospital stay, she is implementing what ethical principle?*

- A. Responsibility
- B. Empathy
- C. Advocacy
- D. Accountability

SITUATION 2- A manager of an accounting firm is admitted to the hospital due to an acute abdominal pain and passing out of bloody stools. After several diagnostic and laboratory examinations the physician ordered him to exploratory laparotomy. You are the nurse on duty day.

6. While performing your assessment you are guided that the organs found in the epigastrium include which of the following? *

- A. Portion of duodenum & jejunum, left kidney, appendix & ovary
- B. Duodenum, pancreas, portion of the liver and pyloric end of the stomach.
- C. Stomach, spleen, tail, pancreas and adrenal gland.
- D. Gallbladder, duodenum and portion of the right kidney

7. When conducting the nursing history on the health perception, health management pattern of function what is the APPROPRIATE question to be asked pre-operatively?*

- A. Do you experience your wounds to heal quickly?

- B. Do you have shortness of breath when exercising?
- C. Are you aware of risk factors for your disease?
- D. Have you experience weight change in the past?

8. Patient was visited by the anesthesiologist and explained the anesthesia for his surgery. Which of the following type of anesthesia would you expect to be ordered?*

- A. Spinal
- B. Caudal
- C. Local
- D. General

9. There are pre-operative medications given to the patient. Which of the following drugs are given in order to decrease intra-operative anesthesia requirements and pain?*

- A. Celebrex (Celecoxib)
- B. Ibuprofen (Motrin)
- C. Acetaminophen (Tylenon)
- D. Demerol (Meperidine HCl)

10. The goals for patient's safety in the operating room is imperative for all members of the given in order to decrease intra-operative anesthesia requirements and pain?*

- A. II & III
- B. I & II
- C. I, II & IV
- D. I, II, & III

SITUATION 3- Crisostomo, a 40 years old employee has been complaining of difficult painful urination for almost a week now. He saw some fresh blood in his urine but was afraid to see physician, instead he went to his neighbor who is herbalist. After a week his condition worsen and his wife brought him to a community clinic.

11. A community clinic does primary care for patients. Most often the one who manage this is which of the following?*

- A. Physician
- B. Barangay health workers
- C. Nurse
- D. Midwife

12. Upon assessment, the patient was referred immediately to a 25-bed-capacity hospital, which does not have any capacity to do intensive diagnostic examinations. You are a nurse in this hospital, which you know is at level___*

- A. 3
- B. 1
- C. 4
- D. 2

13. In the tertiary where the patient was again referred, he was considered an emergency case. The nurse immediately call for a specialist who is___*

- A. Neurologist
- B. Urologist
- C. Phlebotomist
- D. Nephrologist

14. After a thorough assessment by the physician- specialist, an order for an immediate sonogram was made. The nurse was instructed to call which of the following section of the hospital?*

- A. Operation room
- B. Laboratory
- C. Intervention
- D. Imagery

15. After the procedure, the patients was ordered for Lithotripsy, under spinal anesthesia. The nurse has call to the department of___*

- A. Internal medicine

B. Anesthesia

C. Surgery

D. Imagery

SITUATION 4- An alert 67-year-old woman with diabetes mellitus is discharge from the hospital. A referral is made to a community nursing agency. You are asked to reinforced the teaching program started in the hospital. The patient is using sulfonylurea compound tolbutamide (Orinase).

16. When the patient turned 69-year-old orinase was discontinued and NPH insulin is prescribed for her. After several months, she is determined to be suffering from the somogyi effects which of the following condition with most likely result when the patient is receiving too much insulin?*

A. Developing an elevation of the blood glucose level

B. Producing even more insulin

C. Becoming resistant to insulin

D. Conserving excessive amount of fluid

17. A few days later the patients comes into the emergency department via ambulance stretcher and reveal a work-up of a blood sugar level at 800mg/dl, ketones are absent in the urine, she is dehydrated, and has an altered mental status. Based on the data, the patient is most likely suffering from what specific medical condition?*

A. Hyperosmolar nonketotic coma (HNKC)

B. Diabetic retinopathy

C. Acute renal failure

D. Diabetic ketoacidosis (DKA)

18. Upon interview, the patient reported that she often felt nauseated, restless, perspired a lot felt fatigued and was often hungry when she was younger. What do these signs indicate?*

A. Diabetic nephropathy

B. Hyperglycemia

C. Hypoglycemia

D. Diabetic retinopathy

19. Upon further assessment you noticed had many scratches on her right ankle, a resulting infection, and cellulitis. When you ask her about the scratches the patients state "Oh my cat must

have been using my leg as a scratching post again and did not even feel it.” Which diabetic complication suspect the patient to have?*

- A. Neuropathy
- B. Macroangiopathy
- C. Retinopathy
- D. Ephropathy

20. You should check the patient for suspect disturbed thought processes related to depressed metabolism and altered cardiovascular and respiratory status. What is the rational for orienting the patient to time, place, date and events?*

- A. Show improved cognitive functioning
- B. Provides reality orientation to patient
- C. Permits evaluation of the effectiveness of treatment
- D. Let's the patient identify the time, place, date, and events correctly

SITUATION 5- Nurse Pat is a newly hired Registered Nurse together with 5 licensed graduate nurses coming from different regions. It is their first day of orientation in a big health facility. The continuing nurse educator started the session by projecting the organizational structure of the medical center.

21. Which of the following is the MAJOR PURPOSE of an organizational structure? It is the __.*

- A. blueprint representing committees for delegation of roles and function
- B. flow chart shows interaction among members of major and minor groups
- C. framework of relationship of units, departments and channels of communication
- D. design that identifies roles, collaboration, interdependence between functions of people

22. Line and staff function are identified in the presented organizational Chart. What does line authority mean?*

- A. Staff relationship in the organization is advisory in nature
- B. Staff mix of personnel reporting to the “BOSS”
- C. Decisions are made from bottom to top in an organization.
- D. Design that identifies roles, collaboration, interdependence

between functions of people

23. Which of the following statements is CORRECT of nursing service system in health care?*

- A. Informed leaders are more effective than formal and with less autonomy.
- B. A shared governance tends to controlling and with less autonomy
- C. Institutional policies are more powerful tool in nursing practice than laws and regulations.
- D. A situational leadership style provides effective means in achieving patient outcome.

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25. Budgeting is an important aspect of financial management. When a unit manager allocates expenses for unit supplies, stocks and medical-surgical supplies. This is considered ____*

- A. cash budget
- B. operational budget
- C. capital budget
- D. flexible budget

SITUATION 6- Mely 68 years old was admitted to the hospital because of decrease appetite, easy fatigability, dehydration and weight loss of about 15lbs for the past week. She was examined by the physician and advised to be admitted. You are the nurse assigned to take care of her.

26. The physician ordered to starts Ms. Mely on total parenteral Nutrition (TPN). What is your INITIAL step to be undertaken PRIOR to this intervention?*

- A. Determine if the family can afford the whole treatment.
- B. Evaluate the tolerance of the patient to glucose.
- C. Identify allergies to the supplemental nutrition.
- D. Assess the basic understanding of the patient regarding TPN.

27. Choose from the following the primary goals of TPN?*

- A. I, II, & III
- B. I, II, III, & IV
- C. I & II
- D. I, II, III, IV, & V

28. When a patient is undergoing TPN, you have to monitoring closely for the ____ *

- A. serum creatinine level
- B. potassium level
- C. serum glucose level
- D. sodium level

29. While on Mr. Mely is on TPN she suddenly complained of slight chest pain, dyspnea and appears cyanotic. You suspect that she is experiencing what possible IMMEDIATE complication?*

- A. Sepsis due to IV line
- B. Air embolism
- C. Hyperglycemia
- D. Allergic reaction to TPN

30. What PRIORITY nursing action should you do with the presenting clinical manifestations of the patient?*

- A. Report to the physician status of the patient at once.
- B. take blood pressure and respiratory rate.
- C. Stop temporarily the total parental nutritional
- D. Administer inhalation.

SITUATION 7 Ms. Monina is a retired community health nurse in barangay San Pablo. Due to her commitment to the nursing

profession, she has volunteered in their community conduct health education classes. One Saturday morning, several patients who are hypertensive and with pulmonary health problems attended her session.

31. Mang Luis is a newly diagnosed patient with chronic obstructive Lung Disease (COPD). Which of the following PRIORITY teaching instruction should be given in relation to his condition?*

- A. He should assume supine position when resting.
- B. know early signs of respiratory infection.
- C. He has to be taught how to Bronchial clapping.
- D. Family should be advised that patient should sleep in a warm room.

32. Which of the following health intervention should be included in your teaching plan for Mang Luis?*

- A. Be on prolonged corticosteroid therapy.
- B. Lung exercises must be done with longer inhalation than exhalation
- C. Reduce risk for infection.
- D. have a high flow of oxygen administration.

33. Pulmonary Rehabilitation for COPD has a duration of at least 4 to 12 weeks. Which of the following should be avoided while patient is having this program?*

- A. Pursed lip breathing
- B. Smoking cessation
- C. Aerobic, upper and lower body conditioning
- D. Peripheral muscle wasting

34. Weight loss and malnutrition are commonly observed among patient with COPD. They should be taught to avoid ____*

- A. have full stomach even when in dyspneic condition
- B. keeping body mass between 21-25 kg./m
- C. a high caloric and a high protein diet
- D. exercise one hour before and after eating

35. Which of the following energy conserving strategies should NOT be done by COPD patient?*

- A. Exhale when pushing or exerting effort when doing daily activities
- B. Assume tripod position with elbow supported on the table when shaving or combing
- C. Inhale when resting, sitting and lying down.
- D. Stand in front of the mirror while shaving or combing hair

SITUATION 8- A housewife, appearing jaundice, complaining of abdominal pain, nausea and bloated sensation was rush to the hospital. The patient was examined by the physician and ordered for admission due to suspected stone in the gall bladder. You are the nurse on duty that day.

36. When performing an interview, which is the best initial question should you ask when a patient is on pain?*

- A. How often do you feel the pain?
- B. How would you describe your pain?
- C. Did you take any drug to relieve the pain?
- D. When did you first feel the abdominal pain?

37. Which of the following imaging test that use transducer will be likely be ordered by the physician to detect gallstones?*

- A. Computed tomography
- B. Abdominal X-ray
- C. Abdominal Ultrasound
- D. Doppler sonography

38. The test revealed presence of gallstone and inflamed gall bladder. The patient was advised to undergo open cholecystectomy. This operation compared to laparoscopic cholecystectomy are_____*

- A. I II & IV
- B. I & II
- C. I , II & III
- D. I & III

39. After 2 hours post- operatively the nurse observed reddish drainage from the operative area of the patient. Which of the following nursing action should you performed FIRST?*

- A. Check if stiches from the operation have come apart.
- B. Check where is the source of possible bleeding
- C. Cover the operative are with sterile gauze bandage.
- D. Put hand as a pressure on the operative are.

40. After several days in the hospital, the physician ordered for the patient to be discharge. Which of the following is the PRIORITY restriction that you should emphasize when he goes home?*

- A. Stool softener to induce bowel elimination.
- B. Driving if not using narcotic drug.
- C. Take shower even if still with surgical drain.
- D. Lifting of objects more than 10 lbs.

SITUATION 9- Sarah 38-year-old a teller from a bank is admitted to a tertiary hospital due to hypertension and frequent hematoma of the lower extremities every time she bumps herself in the workplace. The physician who examined her gave an impression of Cushing disease.

41. Which of the following characteristic of Cushing disease is TRUE?*

- A. II & III
- B. I , II, & III
- C. I , II, III & IV
- D. I & II

42. When one has a Cushing disease the focal structure affected is the ____*

- A. hypothalamus
- B. pituitary gland
- C. adrenal gland
- D. para thyroid gland

43. Which of the following clinical manifestation will NOT be a complaint from Sarah's condition?*

- A. Edema of the extremities
- B. Poor wound healing
- C. Decreased libido
- D. Absence of growth in the pubic area

44. The attending physician ordered a Magnetic Resonance Imaging (MRI) to patient sarah in order to validate the medical impression. This imaging technique is done to detect ____*

- A. hemorrhagic injury in the brain
- B. Electrical impulse in the brain
- C. level of oxygen in the brain
- D. non-hemorrhagic injury in the brain

45. While patient Sarah is confined in the hospital, the safety measure to be observe by the nurses is prevention from fall. This is brought about by the patient being prone to fracture as a result of ____*

- A. aging process
- B. change in vision
- C. osteoporosis
- D. hematologic condition

SITUATION 10 – Mr. Alda 50-year-old company driver is admitted to the emergency room (ER) because of the pain of the left chest and difficultly of pack of cigarette per day especially when he goes on overtime. Vital signs: BP is 150/90, PR - 110bpm, RR 38cpm. Has clammy perspiration and quite restless. The physician ordered chest X-ray and revealed patient has Pneumothorax. You are the nurse in charge of the patient.

46. As a burse you are guided that pain is usually described BEST as a phenomenon WHICH is a ____*

- A. neurologic activation of norciceptors
- B. subjective unpleasant experience
- C. adaptive mechanism to a stimulus
- D. creation of one's imagination

47. When a patient has a pneumothorax, the nurse assessment findings will likely reveal ____.*

- A. I, II, III
- B. III, IV
- C. I, II IV
- D. I, II

48. Which of the following statement is NOT true of Pneumothorax?*

- A. Atmospheric air within pleural space an result to a rise in intra thoracic pressure and reduce vital capacity in the lungs.
- B. The loss of positive intra-pleural pressure can produce pneumothorax
- C. The loss of negative intra pleural pressure can result to collapse of the lungs.
- D. A spontaneous pneumothorax can occur with the rupture of pulmonary bleb.

49. The physician inserted a chest tube drainage to Mr. ALda in order to help re-expand the lungs. Which of the following should you prepare FIRST as a nurse in case of emergency when the tube is accidentally disconnected?*

- A. sterile clamps
- B. Another chest tube
- C. Sterile dressing
- D. A bottle of sterile water

50. In order to relieve Mr. ALda of pain the physician prescribed morphine So4 2mg/IV PRN for untolerable pain. The goal of the health care professional is to provide adequate control to the patient can breathe easily. Which of the following would indicate successful attainment of this goal?*

- A. Anxiety level of patient will be reduce.
- B. Respiratory rate will be decrease to 20 breaths/min.
- C. Oxygen saturation is at 76% level.
- D. Pain scale will show 1-to 2, in a rating scale of 10 (highest, 0,-lowest).

SITUATION 11- Nurse Rachel is assigned in a medical unit of a tertiary hospital where most of the patient admitted are suffering

from Endocrine disorders. She is currently assigned to patients: Claire, 54-year-old, married with hyperthyroidism, Aster 66, year old has an impression of Cushing syndrome while Sonia, 48-year-old is suffering from hypothyroidism.

51. While you are doing physical assessment to patient Aster, she has been exhibiting a UNIQUE clinical manifestation different from patients Claire and Sonia which is characterized by ____*

- A. cyanosis, increasing growth of hands and feet.
- B. anemia, weight loss and presence of acne.
- C. moon faces, purple striae on trunk and buffalo hump
- D. moon faces, easy fatigability and peripheral edema

52. Which of the following diagnostic tests do you expect NOT to be ordered by Dr. Lim to patient Aster who is suspected to have Cushing Syndrome?*

- A. 24-hour urine cortisol level
- B. D-C reactive protein level
- C. ACTH serum concentration
- D. Computerized tomography on the brain, chest and abdomen

53. Which clinical manifestation should Nurse Rachel watch for patient Claire if she is suffering from hyperthyroidism?*

- A. Cold extremities
- B. Increased weight
- C. Decreased bowel movement
- D. Fine motor tremor

54. Patient Sonia who has hypothyroidism is given. Which one of the following drug therapy?*

- A. Iodine
- B. Propranolol
- C. Iron pills
- D. Levothyroxine

55. Which of the following should be AVOIDED by patient Sonia while she is being treated for hypothyroidism?*

- A. Use of warm blankets
- B. Light activities done at home
- C. Taking foods low in fiber
- D. Exposure to cold temperature

SITUATION 12- Nurse Eileen has just passed the board examination for nurses and set her goals for her nursing career to the next 5 years. She is aspiring to become a diabetes Nurse Educator after completing her 2 years as a bedside nurse.

56. Which of the following can Nurse Eileen adopt to visualize her future?*

- A. Flow chart
- B. Decision tree
- C. Gantt chart
- D. Decision grid

57. She is started to create her personal and professional portfolio as a preparation for her application to a university medical center in metro manila. Which of the following is NOT a major purpose of keeping a portfolio?*

- A. Keep on going records of skills development.
- B. Create a system for documenting accomplishment
- C. Set career and educational goals.
- D. Set system for a possible shift to another job.

58. One area of the professional portfolio is to indicate one's philosophy of life. Which of the following work place values should Nurse Eileen consider as NOT favorable to be written in her portfolio?*

- A. Customer service based on acceptance, empathy and selfless duty.
- B. Time and compensation Limiting her pursuit of excellence in her job.
- C. Commitment to continue life long and self-directed learning.
- D. Challenge which can lead to growth, responsibility and accountability.

59. In order for Nurse Eileen to be active as bed side nurse, she has to comply with the renewal of PRC ID by undertaking continuing professional development (CPD) as mandated by the CPD law. The purposes of which are development (CPD) as

mandated by the CPD law. The purpose of which are ____ *

- A. II & III
- B. I, II, III
- C. I, II, III, & IV
- D. I, & II

60. Nurse Eileen is aware that her personal and professional portfolio has to include and keep up to date the following EXCEPT ____.*

- A. Certificate of CPD attended
- B. Letters of reference
- C. Photograph
- D. Confidential information from past employers

SITUATION 13- Mr. Reynaldo is tasked to conduct a study to determine the level of patient satisfaction on the care they received from the hospital. He doing so he plans to include; all adults patients admitted from May-October, first admission with an average length complications. of hospital confinement of 4-5 days, and with no complications.

61. Which of the following is an EXTRANEIOUS variable of the study?*

- A. Age of patient.
- B. Absence of complications.
- C. Length of stay 4-5 days.
- D. Date of admission January-March.

62. Which of the following variable will he likely EXCLUDE in his study?*

- A. Salary of nurses
- B. Caring attitude of nurse
- C. Responsiveness of staff
- D. Competence of nurses

63. He plans to use a like Scale to determine:*

- A. compliance to expected standards
- B. degree of agreement and disagreement
- C. level of satisfaction
- D. degree of acceptance

64. which criterion refers to the ability of the instrument to detect fine differences among the subjects being studies?*

- A. Reliability
- B. Sensitivity
- C. Objectivity
- D. Validity

65. This technique refers to the use of multiple referents to draw conclusions about what constitute the truth.*

- A. Delphi technique
- B. Meta-analysis
- C. Triangulation
- D. Experiment

SITUATION 14- Nurse Tarly, the research coordinator of a Tertiary hospital where there was a growing concern of patients and family complains that Nurses are “rude and cranky.” In response to this she organized a core group to conduct a study on the “caring behavior of staff nurses and Satisfaction of women with Ostomy.

66. Based on the research statement, what is the independent variable in the study?*

- A. staff-nurse
- B. caring behavior
- C. women with ostomy
- D. satisfaction

67. What is the dependent variable in the study?*

- A. staff-nurse
- B. ostomy
- C. degree of satisfaction
- D. caring behavior

68. What are the relevant related literatures that Nurse Tarly and her groupmates can utilize in this study?*

- A. III and IV
- B. I, II and III
- C. I and II
- D. I, II, III and IV

69. If Nurse Tarly and her core group decide to formulate a directional hypothesis it will be ____*

- A. There is an increased relationship between the caring staff nurses and degree satisfaction of ostomized patient.
- B. The caring behavior of staff of nurses is related to increased satisfaction of ostomized patient.
- C. The staff nurses behavior has an affect on the patient's, satisfaction on ostomized patient.
- D. A significant of relationship exist between the caring of ostomized patients.

70. Based on the research problem, what is the research design of the study?*

- A. Quasi-experimental
- B. Descriptive
- C. Expost-facto
- D. Experimental

SITUATION 15- Nurse Virgo admits Benito, 67-year-old, due to severe abdominal and back pain and vomiting after attending a party he had positive alcohol breath and was tentatively diagnosed with pancreatitis. He was scheduled for diagnostic laparotomy to further confirm the diagnosis.

71. Nurse Virgo gather more appropriate data from patient Benito. Which of the following APPROPRIATE question should Nurse Virgo asks?*

- A. 2 and 4
- B. 1 and 3
- C. 1, 2, and 4
- D. 1, 2, and 3

72. Patient Benito asks Nurse Virgo “Why can’t the surgeon just take out my pancreas?” The BEST response of Nurse Virgo is ____ *

- A. “your body needs function well with your pancreas”
- B. “your attack will soon be overcome when you are at rest”
- C. “if your pancreas is removed, you can never eat fat and fried foods again”
- D. “antibiotic will relieve sign of infection”

73. Before Surgery, patient Benito is on nothing per formed status (NPO). She tell Nurse Virgo that he is thirsty and hungry. Which of the following is the BEST response of Nurse Virgo?*

- A. “You can sip only this amount of water to moisten your mouth.”
- B. “An NGT will be inserted to removed gastric secretions and alleviate your thirst”
- C. “I will give you ice stimulate your thirst”
- D. “oral and fluid intake stimulates pancreatic enzymes and pain”

74. Nurse Virgo asks Patient Benito how can help to reduced pain while waiting for his operation. Which is the most appropriate question of Nurse Virgo?*

- A. “Are you ready for the operation?the pain will be soon over.”
- B. “After operation everything will be alright”
- C. “Is your present position reducing pain?”
- D. “Does exercise reduce your pain?”

75. Which of the following statement of patient Benito will convince Nurse Virgo that is instruction for the prevention of pancreatitis were understood by the patient? I will ____ *

- A. “increase my intake of high protein products”
- B. “try to stop drinking alcohol”
- C. “follow a high fat diet faithfully”

D. “be careful of exposing myself to infections”

SITUATION 16- The Department of health (DOH) an agency that set standards for safe and quality health care together with Philhealth insurance which take care accreditation and reimbursement of cost of health care service.

76. The professional conduct of doctors, nurses and other health care providers in the health facilities belong to which of the following quality standards?*

- A. Improving performance
- B. Organizational ethics
- C. Patient care standards
- D. Leadership and, management

77. The positive practice environment (PPE) is part of the quality standards of every health facility in the country today. Which of the following is NOT a component of PPE in the work setting?*

- A. waste management
- B. peer view
- C. electrical wires
- D. infection control

78. When a health facility formulates its Vision-Mission to guide management and health personnel in the work place is what part of quality standards?*

- A. Human resource management
- B. Patient care standards
- C. Leadership and management
- D. Organizational ethics

79. When Nurse Sarah distributed a patient satisfaction survey from to be filled by the consumer upon discharge in a hospital setting is in compliance to what quality standards?*

- A. Organizational structure standards
- B. Identification of patient rights and welfare.
- C. Improving performance of health care personnel.
- D. Human resource management and staffing pattern.

80. When an accurate documentation whether manually or by

electronic by what quality standards in a health care delivery system?*

- A. Patient care management
- B. Information management**
- C. Leadership and management
- D. Human resource management

SITUATION 17- Mr. Lam, a 44-year-old, male obese, married was rushed to the Emergency room because of feeling nauseated, with shortness of breath and severe chest pain radiating to the back.

81. As a nurse, what is your PRIORITY step to be done in this situation?*

- A. Palpate the point of maximal impulse.
- B. Inspect the nail bed if cyanotic**
- C. Peaked P wave
- D. Minimal ORS wave

82. The physician confirmed that the patient is suffering from MI. she was advised to be hospitalized and was given streptokinase. Which of the following is the DESIRED effect of the drug?*

- A. Dissolve clot formation**
- B. Reduce tissue damage of the heart.
- C. Prevent dysrhythmia.
- D. Reduce edema formation.

83. A 12 lead EKG was ordered by the physician. Which finding in the EKG is suggestive evidence that the patient has myocardial infarction (MI)?*

- A. Prominent segment elevation.
- B. ST segment elevation.**
- C. Peaked P wave.
- D. Minimal ORS wave.

84. As a nurse you are aware that a heart muscle damage after an attack without treatment becomes permanent within ____ hours?
*

- A. 7-9
- B. 10-12**

C. 4-6

D. 1-3

85. In designing a care plan, which modifiable risk factors have to be emphasized to the patient to prevent for another heart attack to happen?*

A. 1, 2, & 3

B. 3 & 4

C. 1 & 2

D. 1, 2, 3, & 4

SITUATION 18 - Ms. Nilda is a new graduate with a Bachelor of Science degree which she acquired from a university. She is determined to pass the national Licensure Examination (NLE) to be administered by the board of nursing.

86. The licensure which is administered by the professional Regulation Commission, Board of nursing given to ____*

A. apply the theory learned from the class room to practice settings

B. protect the public from incompetent practitioners

C. apply the scope of nursing practice

D. demonstrate expected competency standards

87. The PRC-Board of Nursing (PR-BON) has the power to regulate Nursing Practice in the Philippines. The regulatory function include the following except ____*

A. enforce and monitor quality standards of nursing practice in the country

B. issue, suspend, revoke or reissue licensure in the country registered nurses.

C. ensure proper conduct of nurse's licensure in the country

D. issue permit from the opening of nursing program in the country.

88. Ms. Sanchez is a new nursing graduate and in dire need for the hospitalization of her ailing mother. She is being offered to endorse a detergent product on TV commercial wearing a mini skirt and a plunging neckline shirt. In doing this performance Ms. Sanchez is violating the ____*

- A. oath of professional for a new nurse
- B. nursing practice act 7164
- C. code of ethic for nurses
- D. core competency standards

89. Nurse Rey with the member of the team of a tertiary hospital is going for their annual outreach program "Operation TULI". There were 300 patients who came in the morning with only 4 doctors, 3 nurses and 1 pharmacist. Due to the volume of patients Nurse Rey, was asked to participate in performing circumcision with the rest of the doctors. Nurse Rey can be liable of committing ____*

- A. assault
- B. invasion of privacy
- C. tort
- D. malpractice

90. Which of the following actions is likely to constitute Negligence?*

- A. Complied with the request of a bedridden patient not to be turned because of pain.
- B. A nasogastric feeding not given on time because patient is feeling nauseated.
- C. A patient suffering from to report to the attending physician.
- D. Urine output that has not been measured because of an emergency admission.

SITUATION 19- Documentation is a basic competency expected of a graduate nurse when performing her role in the clinical setting.

91. Mr. Rey had his insulin therapy on the day of his admission. On the second day he developed allergic reactions do you expect the nurse to administration. What clinical manifestations do you expect the nurse to write in her documentation as a reaction to this drug?*

- A. 1, 2, & 3
- B. 2 & 4
- C. 1, 2, 3, 4
- D. 1 & 2

92. Mr. Rey has been anxious regarding his diagnosis as well as the recent reaction to overcome this anxiety behavior is to ____ *

- A. conduct a family conference for the concern of the patient
- B. refer to the physician for an order of tranquilizer
- C. express your empathy and respect for his feelings
- D. take time to explain his disease process and effects of insulin

93. When a patient is suffering from Ketoacidosis, you expect that the entry of nurses assessment findings in the chart will include the following clinical manifestations EXCEPT ____ *

- A. Kussmaul's
- B. Cheyne strokes breathing
- C. lethargy
- D. acetone breath odor

94. Nurse Gladys who is on morning shift was making her rounds when she observed Mr. Joe, who is suffering from congestive heart failure is complaining of heaviness of his legs. She observed the patient to have an edema of his lower extremities. If the edema is 3 plus what do you expect the nurse to write in her assessment findings?*

- A. Deeper pit, in 30 seconds.
- B. Barely the pit is not perceptible.
- C. Deeper pit, rebounds in only few seconds.
- D. Deep pit, rebounds in 10-20 seconds.

95. When auscultating the breath sounds of patient with respiratory disorder they are instructed to breathe thru their mouth. A possible complaint the nurse has to watch and be written in her documentation when performing this procedure is

which of the following?*

- A. Palpitation
- B. Dizziness
- C. Tachycardia
- D. Bradycardia

SITUATION 20- Mary, a hairstylist is experiencing peri-umbilical pain feeling feverish and nauseated while at work. She was rushed to the hospital as the pain incoming intense at the right lower quadrant of the abdomen. She was advise by the ER physician to be admitted for further work-up.

96. Nurse Ella admitted the patient and started to do her assessment. What sign is elicited by the nurse when a deep palpation of the left iliac fossa is done and causes pain on the right iliac fossa of the patient?*

- A. Obturator sign
- B. Blumberg sign
- C. Psoas sign
- D. Rovsing sign

97. After a thorough physical examination, laboratory and diagnostic test the physician ordered an emergency open appendectomy due to prevent which of the following, MAJOR complication?*

- A. Thrombosis
- B. Sepsis
- C. Perforation
- D. Bleeding

98. The Nurse prepares the patient for surgery. The overall goals by the surgical team for the patient going for operation include which of the following?*

- A. I, II, III, & IV
- B. I, II, & III

C. III, & IV

D. I, & II

99. As a safety alert, which of the following nursing measures should be AVOIDED by the nurse prior to appendectomy?*

A. Observe nothing by mouth

B. Administration of enema

C. Removal of nail polish

D. Instruct to urinate.

100. In wound care management, the nurse is aware NOT to perform which of the following intervention?*

A. Allow the wound to drain freely.

B. Maintenance of an acidic or neutral

C. Application of cold pack solutions.

D. Maintenance for a moist wound environment.

Situation 1: - The Hospital Research Coordinator is discussing the basics of research with the members of the Research Committee as part of continuing education. Questions and Answers were also part of the program.

1. During the open forum, the Hospital Research Coordinator raised the question as to who among the following provides information in the questionnaires.*

- A. Participants
- B. Key informants
- C. Respondents
- D. Subjects

2. One of the members of the Research committee wishes to conduct a study involving an interdisciplinary team of colleagues. This study is termed as _____.*

- A. Clinical
- B. Exploratory
- C. Collaborative
- D. Applied

3. In conducting a qualitative research, a nurse should follow the logical reasoning process termed as, which of the following?*

- A. Deductive
- B. Intuition
- C. Causal
- D. Inductive

4. The lecturer reminded the committee members that bias is an influence that distorts study results. In Quantitative research, which will eliminate bias?*

- A. Trustworthiness
- B. Credibility
- C. Randomness
- D. Triangulation

5. One of the committee members raised the question on how to make an abstract. The question was followed by how many hours are required in an abstract should (APA) style be followed? What is the correct answer?*

- A. 450-550
- B. 250-350
- C. 150-250
- D. 350-450

Situation 2: The clinical instructor (CI) is conducting a ward class on how to perform the breast self examination (BSE).

6. The CI is expected to set the atmosphere by welcoming everyone and by _____.*

- A. Showing everyone the picture of the breast
- B. Discussing the objectives of the ward class
- C. Giving an anecdote about an old man
- D. Going ahead with the first part of the lecture

7. For the students better understanding about the anatomy of the breast, the CI shares _____.*

- A. Various pictures of the breast, external and internal views
- B. Picture of different types of mastectomies
- C. The experiences of breastfeeding mother
- D. Artistic drawing of the breast

8. The clinical instructor proceeded with the lecture to the students using the _____.*

- A. Question and answer method
- B. Entertainment style of presentation
- C. Students as the resource person
- D. Outline of lecture she just presented

9. When the lecture presentation was finished, the CI proceeded with the _____.*

- A. Evaluation of the activity
- B. Q and A portion on anything the students are interested to tackle
- C. Open forum to solicit question related to the topic under discussion
- D. Cracking of humorous anecdotes to keep the class alive

10. The last and necessary part of the activity is _____*

- A. Informing the students their next day assignment
- B. The joke portion for good vibes
- C. Evaluation so that future but similar activities can be improved
- D. After care of the venue, an earlier reminder by the head nurse

Situation 3 - Hypovolemic Shock. the adult patient on his way to the office met a vehicular accident and was continuously bleeding from the head. He was brought to nearest hospital by the bystanders.

11. What must the Emergency Rooms nurse do FIRST?*

- A. Start an intravenous line at once
- B. Position with head lower than extremities
- C. Request for laboratory examination
- D. Stop the bleeding immediately

12. Due to continuous bleeding the patient goes into the second stage of shock with BP 80/60. what are the possible effects on the heart in this stage?*

- A. I, II, III, and IV
- B. I and II
- C. I, II, and III
- D. II, III and IV

13. The BEST position for the patient to assume in case of shock is ____.*

- A. Modified trendelenburg
- B. High fowler's
- C. Recumbent
- D. Low fowler's

14. What isotonic electrolyte solution are COMMONLY used as fluid replacement in hypovolemic shock?*

- A. II, III, and IV
- B. I, III, and IV
- C. II and III
- D. I and IV

15. In case the patient would go into cardiovascular overload as a result of the intravenous fluid therapy, the PRIORITY nursing action should focus on _____.*

- A. Respiratory distress
- B. Increase in total urine output
- C. Increase in body temperature
- D. Edema in the lower extremities

Situation 4 – Patient Tita, a 53-year-old mother of 6, been having involuntary urine leaks aggravated whenever she sneezes or cough. She is diagnosed with urinary incontinence. The next 5 questions refer to this case.

16. The type of incontinence patient Tita manifests, where there is involuntary loss of urine as a result of sneezing, coughing or even changing position is called _____.*

- A. Over flow
- B. Reflex
- C. Stress
- D. Functional

17. The nurse is aware that urinary incontinence brings about psychosocial cost, including the following, EXCEPT _____.*

- A. Increased expenses
- B. Social isolation
- C. Embarrassment
- D. Loss of self-esteem

18. The nurse instructs the patient that the BEST time for an incontinent patient to take his diuretics is _____.*

- A. Any time of the day
- B. After 4:00 pm
- C. In the morning

D. At bedtime

19. When providing health teaching to the patient with urinary incontinence, the nurse must STRESS that it is ____*

A. Only surgery can alleviate the condition

B. Often reversible and treatable

C. Treatable with drugs all of the time

D. Controlled with the aid of alcohol

20. The aim of pelvic muscle exercises for the patient with urinary incontinence is to strengthen the muscles that control the ____.*

A. Vagina and rectum

B. Perineal area

C. Bowel and the bladder

D. Vagina and urethra

Situation 5: - Nurses should not only abide by the laws, but be guided by the Code of Ethics for Nurses as well.

21. The code of Ethics for nurses have articles relating to the relationship of nurses on ____ (SELECT ALL THAT APPLY)*

A. I, II, IV only

B. I, II, III and IV

C. I and II only

D. II only

22. The Code of Ethics adopted all the principles under the ____.*

A. Code of Good Governance

B. Patient's Bill of rights

C. ICN Code of Ethics

D. American Nurses Association (ANA) Code of Ethics

23. According to the Code of Ethics, WHO determines the coverage and scope of the examination for the practice of Nursing in the Philippines?*

- A. Professional Regulation Commission
- B. Association of Deans of Philippine colleges of Nursing
- C. Professional Regulatory Board of Nursing (PRBON)
- D. Professional Association of Philippine Regulatory Boards (PAPRB)

24. What are the three important legal principles in nursing professional ethics?*

- A. I, III and IV
- B. II, III and IV
- C. I, II and III
- D. I, II and IV

25. The “end-justifies-the means” ethics is described as ____.*

- A. Having no correct or wrong conclusion
- B. Basically without any ethical issue
- C. Conclusively unethical
- D. Unavoidable during these modern times

Situation 6: -Ms. Lani aged 40, has varying degrees of weakness on the lower extremities, inability to perform voluntary movements and paresthesias. Her physician gives a tentative diagnosis of Guillain-Barre Syndrome (GBS).

26. Which is a common verbalization of the patient with GBS regarding the EARLY ONSET of symptoms.*

- A. Acute Hemiplegia
- B. Ascending motor weakness
- C. Weakness of the four lower extremities.
- D. Acute Hemiparesis

27. The nurse is aware that which occurrence in the patient’s health history*

- A. Viral illness few weeks before.
- B. Encephalitis
- C. Severe bacterial infection

D. Meningitis

28. A PRIORITY nursing diagnosis in Guillain Barre Syndrome is ____.*

- A. Ineffective breathing pattern.
- B. Impaired verbal communication
- C. Imbalanced nutrition
- D. Impaired physical mobility

29. If the patient is unable to talk, how should the nurse BEST communicate to the patient?*

- A. Enunciating the words slowly and well.
- B. By using picture cards.
- C. Just stop as he could no longer understand
- D. Talking loudly face to face with the patient.

30. The nurse informs the patient and family that rehabilitation prior to discharge is BEST described as ____.*

- A. A period of ups and downs, physically and emotionally.
- B. Long and one requiring involvement of significant others.
- C. Easy and smooth from discharge onwards.
- D. A rapid process towards recovery

Situation 7- Elmo, a 69 years of age, is diagnosed with Benign Prostatic Hyperplasia (BPH).

31. The nurse anticipates that the signs and symptoms of BPH do not include ____.*

- A. Frequency of urination
- B. Pain on urination
- C. Dribbling of urine
- D. Hesitancy in starting urination

32. Elmo asks the nurse to explain his condition (BPH). Which statements are CORECT explanation by the nurse?*

- A. I and IV

B. II, III and IV

C. I, II and III

D. I and III

33. What IMMEDIATE danger should the nurse anticipate post Transurethral Resection of the Prostate (TURP)?*

A. Infection

B. Bleeding

C. Thrombosis

D. Shock

34. The nurse knows that the normal color of the bladder irrigation drainage right after TURP is ____.*

A. Reddish pink

B. Bright red

C. Light pink

D. Yellowish

35. Sexual dysfunction like impotence, erectile dysfunction and lack of libido are likely possibilities in what prostatic surgery?*

A. Suprapubic prostatectomy

B. Transurethral resection of the prostate.

C. Laparoscopic prostatectomy

D. perineal Prostatectomy

SITUATION 8 - General concepts of immunology must be learned by the nurse to appreciate the management of her patients.

36. Immunity that the baby gets from the immune mother through breastfeeding is:*

A. Passive natural

B. Active artificial

C. Active nature

D. Passive artificial

37. Cell-mediated immunity is NOT usual by associated with that condition:*

A. Rejected of tissue graft

B. Production of antibodies

- C. Skin hypersensitivity reaction
- D. Surveying for malignant cells

38. When a person vaccinated with a Covid-19 Vaccine produces antibodies to the disease, the immunity is termed:*

- A. Active artificial
- B. Passive natural
- C. Active Natural
- D. Passive artificial

39. The blood protein involved in the immune system is:*

- A. Thrombin
- B. Globulin
- C. Albumin
- D. Hemoglobin

40. The immunity conferred by tetanus toxoid is best described as:*

- A. Lifelong passive
- B. Long-lasting active
- C. Temporary passive
- D. Lifelong active

SITUATION 9 - Even if still a staff nurse, Minda, can well contribute to the management of the resources and environment of her unit.

41. The electric in the unit sparks occasionally but continues to function relatively well. Nurse Minda though knows that she ____ *

- A. has to ask one off the staff to preliminary check it
- B. will just wait until the fan stops to the functions
- C. should alert to the unit staff to closely observe the fan
- D. must have it checked by the Maintenance Department immediately.

42. The electric fan now stops every now and then and continues to spark at intervals. The best thing to DO NEXT is to ____ *

- A. turn off the fan immediately
- B. call the maintenance immediately

- C. let it continue to function
- D. request for another fan as soon as possible (ASAP)

43. The last fire in the hospital was due to a malfunctioning equipment. The fire extinguisher was nowhere to be found. What should have been practiced.*

- A. A dedicated fire extinguisher must be in every strategic place
- B. Place one fire extinguisher between two units.
- C. A fire extinguisher can be replaced with fire sensors
- D. Borrowing fire extinguisher may be tolerated if on the same floor.

44. The staff assigned to check the fire extinguisher failed to monitor the “whereabouts” of assigned equipment. The following statements are true EXCEPTS/___*

- A. all employees are lazy
- B. monitoring staff is important
- C. not all staff are diligent in their task
- D. two errors added together can be potentially devastating

45. Because of the failure to replace the defective electric fan immediately, a fire broke out and it became big enough to burn a major portion of the unit because the fire extinguisher was missing. What lesson can be gained from this?*

- A. Punishment must be imposed on erring employees.
- B. Reorientations of the new staff.
- C. Refer the erring employee to HR.
- D. Every protocol must be followed.

SITUATION 10 - In order for the medical team to work best, there must be smooth collaboration and teamwork among its members.

46. John, the patient with Urinary Tract Infection (UTI) is on his 3rd day of antibiotic but is still having high fever. There is a need for the nurse to refer her observation to which of the following ?*

- A. Intern
- B. Resident-on-duty
- C. Attending Physician
- D. Head nurse

47. Urine for culture and sensitivity (C& S) was ordered and the nurse was told by the secretary from the laboratory that the result will be due in 5-7 days. The nurse knows from her readings that bacterial culture and Sensitivity may be reported in three days' time. Thus, she plans to follow up the result from which of the health allied professionals?*

- A. Head nurse
- B. Intern
- C. Medical technologist
- D. Physician

48. The patient developed worsening cough and was given an anti-cough elixir. After 30minutes he developed itchiness with hives. The nurse is hesitant to call anyone since it is already midnight, and there was no one else since it is a holiday. Who will she refer the patient to?*

- A. Head Nurse
- B. Nurse Supervisor
- C. Consultant-in-Charge
- D. Head intern

49. The patient suddenly develop chest pain. The result of the stat Trop I revealed high results. What steps are CORRECT and according to protocol in this situation?*

- A. I, II, and III
- B. I, III, and IV
- C. I, II, and IV
- D. II, III, and IV

50. The patient was prescribed a number of stat medications to prevent any untoward complication. The nurse closely coordinates with which professional to facilitate the immediate release of the necessary medicines and supplies?*

- A. Attending physician
- B. Nurse Supervisor

C. Pharmacist

D. Head Nurse

SITUATION 11 - Romy, 58 years old, has been a cigarette smoker since age 15. He has nagging cough and hoarseness of voice and dyspnea. Based on the physical and laboratory findings, the physician suspected him of having lung cancer.

51. Which of the following is NOT a known predisposing factor to lung cancer?*

A. House is near a banana plantation.

B. Works as a sprayer of vegetables and fruit trees.

C. Lives in a suburban area.

D. Living with mother who is a tobacco smoker

52. Upon history-taking, the nurse notes that the cough of a patient with lung cancer usually START off to be__*

A. Blood-tinged

B. Productive

C. Dark yellow sputum

D. Dry and persistent

53. Which diagnostic procedure is commonly used to establish the diagnosis of lung cancer which provides a detailed description of the tracheobronchial tree and allow for biopsies of suspicious areas?*

A. Computerized Tomography (CT) scan

B. Bronchoscopy

C. Sputum cytology

D. Positron Emission Tomography (PET)

54. To help patient with his breathing difficulty, the nurse place him in which position?*

A. Prone

B. Fowler's

C. Sim's lateral

D. Supine

55. Roy is diagnosed with small cell lung cancer (SCLC), a rapidly growing type of cancer. He and his family were shocked when told by the doctor that the patient will just undergo

palliative treatment. Which nursing action is MOST APPROPRIATE?*

- A. Providing relief from symptoms.
- B. Reducing fatigue
- C. Providing psychological support.
- D. Advising treatment options.

SITUATION 12 - Proper recording is the vital task that the nurse is trained to do properly in nursing school and expected to practice as professional.

56. Nurse are taught as student that the ideal and PROPER time for recording vital signs and notes on the patient is ____ *

- A. to wait for lunch break to do the recording
- B. after all the task are done, in order to conserve time
- C. as soon as they obtain the sign or observations on the patient
- D. to wait the lunch break to do the recording

57. Right after endorsement and during the rounds, the incoming nurse, observes that the IV fluid is at 800 cc level and not 400cc, as endorsed. What is the CORRECT information that she will chart?*

- A. Anything goes, nobody reads the charting anyway.
- B. Record the 400cc
- C. Chart that she received 800
- D. Refer to the head Nurse on what to do

58. Which is the APPROPRIATE way to correct an error in the nurses Notes?*

- A. Take the whole page out and replace with a fresh one
- B. Draw a single line across the error and initial it.
- C. Use the sticky side of the plastic tape to erase the error.
- D. Use a rubber eraser to erase an error.

59. If a medicine is unavailable and therefore not given to the patient, how is it charted?*

- A. Leave it blank.
- B. Sign and make an explanation in the nurses Notes.
- C. With an asterisk or mark, as per hospital protocol.
- D. Write the letter

60. If the patient referred to another consultant and the latter has made an order already, what can the Nurse CORRECTLY chart?
*

- A. The attending physician has not yet read the order.
- B. Only one order has been left to be carried out.
- C. She has carried out the orders of the consultant.
- D. That the consultant has seen the patient with new orders.

SITUATION 13 - Dog Bites are relatively common in the Philippines. The presence of a number of stray dogs predisposes to the occurrence of rabies.

61. Upon entry of the patient to ER, the nurse must FIRST perform which nursing intervention?*

- A. Inject with rabies immune globulin.
- B. Cleanse the bite with soap and running water.
- C. Inject the rubies vaccine immediately.
- D. Administer the pain relieve, as ordered.

62. The nurse knows that a dog bite has a shorter incubation for rabies if located in the ____.*

- A. leg
- B. hand
- C. abdomen
- D. face

63. The nurse anticipate that which one is prescribed to prevent a common bacterial complication from the dog bite?*

- A. ibuprofen (Motrin)
- B. ciprofloxacin (Cipro)
- C. tetanus toxoid (Tetavax)
- D. meperadine (Demerol)

64. In the administering the rabieglobulin (Rig), the nurse's immune globulin (Rig), the nurse infiltrates the calculated dose around the wound edge and rest of the dose injected ____.*

- A. intradermally
- B. intramuscularly
- C. subcutaneously

D. intravenously

65. According to RA 9482 or the ant- Rabies Act 2007, which of the following statements regarding rabies exposure prophylaxis is APPLICABLE?*

- A. Have a dogs be regularly vaccinated against rabies
- B. Do not allow the dog to roam street.
- C. put a dog in a leash in a public place.
- D. The owner will assist the bite victim with the medical expenses.

SITUATION 14 - The 3-year-old child has just finished ingesting the kerosene stored I a Lem-O-Lime bottle. When the mother saw the child, she immediately brought him to the nearest hospital.

66. The assessment of the patient with ingested poison must include ____*

- A. I, II, III, & IV
- B. I, II, and IV
- C. I, II, & III
- D. II, III, & IV

67. In case of poisoning, the nurse is aware that the main goals in poisoning are to ____*

- A. I, II and IV
- B. I, II, and III
- C. I, III, and IV
- D. II, III, and IV

68. To remove the ingested poisonous substance, the physician ordered a gastric lavage. What is role of the nurse immediately prior to the procedure.*

- A. Get the right size of the nasogastric tube
- B. Remind parents to be careful next time

- C. Obtain an informed consent immediately
- D. Tell the parent that they are negligent

69. The is aware that the proper management of poisoning includes the following EXCEPT to ____ *

- A. performed hemoperfusion
- B. remove the toxin through dialysis
- C. dilute the ingested substance
- D. induce vomiting after ingestion of the caustic substance or petroleum distillate.

70. Discharge instruction made by the nurse to the parents should include.*

- A. close monitoring of the toddler
- B. disciplining the child every time
- C. poison-proofing the home
- D. lecturing the child on safety

SITUATION 15- Nurse Emma is working in the ER when a strong earthquake shook the city. Fifteen minutes later, a number of patient have been starting to arrive in the ER.

71. As a triage Nurse, which of the following will be Emma's priority?*

- A. A non-responsive patient with sunken skull.
- B. The patient with facial wounds and fracture.
- C. patient with sucking chest wound.
- D. A man with over 50 percent second and third degree burns.

72. Patient brought in who are unresponsive with penetrating head wounds are tagged by the triage nurse in which color?*

- A. Black
- B. Red
- C. Green
- D. Yellow

73. Those who suffered stable abdominal wounds will be tagged ____ *

- A. green
- B. Red

C. Black
D. Yellow

74. It is very important that the nurses must plan for mass casualties, which include ____*

- A. I, II, and III
- B. II, III, and IV
- C. I, II, III, and IV
- D. II, III, and IV

75. Nurse Emma must work with the disaster Committee for an appropriate disaster response strategy, in order to succeed, must have physical assets which includes which of the following?*

- A. I, II, and III
- B. II, III, and IV
- C. I, II, III, and IV

D. I, III, and IV

SITUATION 16- The nurse when practicing the profession must adhere to ethical principles.

76. When the nurse treats the patient in the air-conditioned rooms favorably compared to those in the charity wing, she violate which of the following ethical principles?*

- A. Veracity
- B. Justice
- C. Fidelity
- D. Distributive justice

77. The nurse has obligation to tell the truth. When she admits mistakes promptly, she manifest ____.*

- A. Fidelity

- B. Veracity
- C. Respect
- D. Autonomy

78. The cancer patient has been frequently complaining of pain and demands that the pain reliever be administered even before the due time. The nurse prepares to inject NSS as a placebo. Which principle will she transgress?*

- A. Respect
- B. Veracity
- C. Justice
- D. Fidelity

79. The nurse knows that ethical dilemmas may be referred to the hospital ethics committee that has the PRIMARY role to ____ *

- A. Prevent that the physician from making the wrong decision
- B. Decide what must be done under the circumstances
- C. Prevent ethical dilemmas from occurring
- D. Provide guidance for healthcare teams and family of patients.

80. Nurse were overhead talking about the patient and his prognosis. What ethical principle was violated?*

- A. Autonomy
- B. Confidentiality
- C. Non-maleficence
- D. Beneficence

SITUATION 17- Nurse must continually grow as a person and as a professional.

81. As a newly licensed nurse employed in a tertiary hospital, you are required to attend continuing Professional Development (CPD) program. When the training program is for the enrichment of nurses in the hospital, it is called ____.*

- A. informal training program
- B. formal educational program
- C. self-directed
- D. In-service training program

82. The professional development of a nurse can be achieved

through various ways, such as ____*

- A. Participating in political rallies
- B. Attendance in socio-civic of activities
- C. Attending demonstration of baking
- D. Engaging in CPD programs

83. When nurses projected in a television advertisement as sex symbols, what APPROPRIATE action is expected from a concerned nurse?*

- A. Keep your silence, it is the television station's prerogative.
- B. Go to the street to manifest displeasure of the nurse's portrayal.
- C. Make a position paper to denounce the advertisement
- D. Condemn the issue in the radio program.

84. To grow as person, the student nurse can attend lecture-demonstration on which of the following procedures?*

- A. Bathing the newborn
- B. Proper bandaging
- C. Doing first aid
- D. Doing makeup

85. Nurse Merry's application to Canada has finally been approved and she was advised to depart in three months. But she is also enrolled in the graduate school and ambivalent to go because of this engagement plus the fact that her mother has just been discharged from the hospital. Which of the following actions is BEST?*

- A. Tell family that money spent in graduate school can be easily earned in Canada.
- B. Inform the agency that she could go anytime as they wish.
- C. tell the recruiter to give her more time to settle her personal affairs.
- D. Share to friends this is her escape from her sad life with her family.

SITUATION 18 - Marlene a kasambahay, this admitted for leukemia in exacerbation. She appears shy and seldom talks to hospital staff, except with the watcher who is her sister.

86. Nurse Myra wants to draw the patient out of her shell so she

would be better able to elicit the patient's cooperation. Which of the following actions is MOST helpful?*

- A. Just ask Marlene straight the questions that need to be asked.
- B. Smile at the patient and allow her to express her concerns.
- C. Talk to the sister instead to get more information.
- D. Be a professional in every way in dealing with her.

87. Friendly but professional overtures have finally made Marlene open up her circumstances to the nurse, including their financial difficulty. What has been established at this time?*

- A. Beginning of a friendship
- B. Trusting relationship with the nurse
- C. A lifelong commitment
- D. A dire need for financial help

88. One morning during rounds, Nurse Myra noticed that Marlene was unduly sad. The nurse's BEST way of Communicating her concern is ____*

- A. whatever it is, you lift it up to god
- B. saying you are sad again, that is bad for your health
- C. Telling Marlene to stop worrying, everything will be okay
- D. placing her hand over Marlene's shoulder and asking why the sad face

89. Leukemia is a chronic illness and it is expected the patient will be in and out of the hospital. To maintain communication, the nurse will ____*

- A. ask the patient to call the hospital number listed in the yellow pages
- B. The government has agencies for those who need financial assistance. I will give you the list.
- C. you can always pay in staggered amounts to be given every 15 days.
- D. Ask help from generous relatives so you can have additional for down payment.

90. Leukemia is a chronic illness, and it is expected that the patient will be in and out of the hospital. To maintain communication, the nurse will ____*

- A. ask the patient to call the hospital number listed in the yellow pages
- B. ask for the phone number where patient can be easily contacted
- C. read the information sheet of the patient in the chart
- D. tell patient to write the number in a piece of paper and give it to the ward clerk

SITUATION 19- You are the quality Improvement office of the Hospital X. To achieve safe and quality outcomes, necessary protocol must be in place and error or adverse event investigated to find the root cause and thereafter apply the necessary improvement.

91. A sentinel event is an unexpected occurrence involving death or serious physical or psychological injury to a patient. As the officer, what is your INITIAL STEP following a sentinel event?
*

- A. Reporting to the department of health
- B. Immediate investigation
- C. Corrective action on the personnel
- D. Reporting to the chief Executive Officer

92. In one of the board meetings, the officer will report the results of Quality Improvement effort in the hospital. The report will be presented much BETTER by using which of the following ? (Select all that apply)*

- A. I, II, III, & IV
- B. I, III, & IV
- C. II, III, & IV
- D. I, II, & III

93. The WHO surgical safety checklist claims to increase the safety of patients undergoing surgery. Is being adopted by the hospital's quality department. Based on the checked list you are aware that the surgeon, nurse and anesthetist should be present during the recapitulation and reassurance of correct patient identity, correct site and correct procedure, which occur right before skin incision. In phase should the above place?*

- A. Debriefing
- B. Sign out
- C. Time Out
- D. Surgical site marketing

94. As the QI Officer, you have strongly recommended to the Operating room to the Surgery Department the adoption of the WHO Surgical Safety Checklist to prevent a wrong site surgery?

*

- A. Debriefing
- B. Briefing
- C. Time out
- D. Surgical site marking

95. The OT Officer, conducts her random visit to the Operating Room. She asks one of the OR nurses in what phase in the WHO Surgical Safety Checklist Will the nurse account for the sponges and needles used in the surgery?*

- A. Sign out
- B. Time out
- C. Sign in
- D. Debriefing

SITUATION 20 – Tommy, a 50-year-old chain smoker, is suspected to have lung cancer after he was seen and examined by his physician. He and his wife got very worried about his diagnosis.

96. Which procedure has to be done to the patient to establish a definitive diagnosis of lung cancer?*

- A. Chest x-ray followed by a CT scan
- B. Cytological study of the sputum
- C. Bronchoscopy
- D. Magnetic resonance imaging

97. The MOST significant contributory factor to the development of lung cancer is ____*

- A. being a cigarette smoker
- B. belonging to the male sex
- C. being extremely obese

D. age over 40years

98. The patient while in the hospital is complaining of chest pain. When the nurse is assessing the degree of pain of the patient, the MOST APPROPRIATE basis is ____.*

- A. Watcher's description of patient's pain
- B. Patient's own rating of his pain
- C. Non-verbal cues observed in the patient
- D. nurse's own rating of the patient's pain

99. Health teaching on chemotherapy includes informing Tommy on the adverse effect of bleeding related indicates further to bone marrow depression. Which verbalization of the patient indicates further teaching?*

- A. I should watch out for discolorations in my skin?
- B. I am going to take two tablets of Aspirin for my headache
- C. I may need platelets transfusion in the future
- D. I should not blow my nose

100. The patient underwent a left pneumonectomy due lung cancer. During surgery the phrenic nerve is accidentally cut. This incident will result to ____.*

- A. Allow greater expansion of the lungs
- B. Make the diaphragm descend with ease
- C. Produce a partially functioning diaphragm
- D. Make the diaphragm go up with ease

NP 5

Situation 1 - Sandro 8 years old, 1st grader child has always been the subject of her mother's prompting and care. He always tests his mom's rule in preparing for school. Although this has been for five months now, Sandro still has to be reminded in getting dress completely and dilly dally eating his breakfast. He still plays with his toys and interferes with her sister in playing blocks. The mother is so anxious in reminding Sandro that his school bus will be arriving in 10 minutes every day.

1. Attention deficit hyperactivity disorder (ADHD) is characterised by NOT one of the following?*

- A. Mental Retardation
- B. Overactivity
- C. Inattentiveness
- D. Impulsiveness

2. Which of the following would the nurse expect to see as symptoms in a child with ADHD?*

- A. Moody, sullen and pouting behaviour.
- B. Interrupts others and can't take turns.
- C. Excessive running, climbing and fidgeting
- D. Easily distracted, and forgetful

3. Sandro is taking pemoline (Cylert) for ADHD. The nurse must be aware of which of the following side effects?*

- A. Decreased thyroid stimulating hormone
- B. Decreased red blood cell count
- C. Elevated white blood cell count
- D. Elevated liver function test results

4. An effective nursing intervention for the impulsive and aggressive behaviours that accompany conduct disorder is _____.*

- A. Open expression of feelings
- B. Assertiveness training
- C. Negotiation of rules
- D. Consistent limit setting

5. Nursing Diagnosis is commonly used when working with Sandro is _____.*

- A. Ineffective role performance
- B. Impaired social interaction
- C. Compromised family coping
- D. Risk for injury

Situation 2 - The nurse is teaching a client taking an MAOI about foods with tyramine that he or she should avoid.

6. Which of the following statements indicates that the client needs further teaching?*

- A. "I will have to avoid drinking non alcoholic beer."
- B. "I will be able to eat cottage cheese without worrying."
- C. "I can eat green beans on this diet."
- D. "I'm so glad I can have pizza as long as I don't order pepperoni."

7. Patient's health teaching for Lamotrigine (Lamictal) should include which of the following?*

- A. Take each dose with food to avoid nausea.
- B. Eat a balanced diet to avoid weight gain
- C. Report any rashes to your doctor immediately
- D. This drug may cause psychological dependence.

8. Which of the following health teaching concern for the nurse as discharged plan for suicidal patient who had been taking tricyclic antidepressant drugs for 2 weeks and now ready to go home?*

- A. The nurse will need to include teaching regarding signs of neuroleptic malignant syndrome.
- B. The patient will need regular laboratory work to monitor therapeutic drug levels.
- C. The nurse will evaluate the risk for suicide by overdose of tricyclic antidepressant.
- D. The patient may need a prescription for Benadryl to use for side effects.

9. A patient is to take regularly Lithium after discharged. The MOST important information to impart to the patient and his family is that the patient should _____.*

- A. Not eat foods which has high tyramine content like cheese, wine, liver.
- B. Limit his fluid intake
- C. Have a limited intake of sodium
- D. Have an adequate intake of sodium

10. The patient with diagnosis of Schizophrenia who has been taking Clozapine will inform the patient family that the positive effect of this drug is _____.*

- A. Monthly liver function studies change moderately
- B. Psychotic symptoms such as hearing loss are reduced.
- C. Patient develops leukopenia
- D. Patients energy level and involvement in activities goes up

Situation 3 - Patrick, Charge nurse, is aware that the use of resources is essential for patient care.

11. A safe patient environment includes following factors EXCEPT:*

- A. Socio-economic needs
- B. Basic needs are met
- C. Sanitation is maintained
- D. Physical hazards are reduced

12. As an individual, which of the following is an INTERNAL variable affecting health status, belief, or practices?*

- A. Genetics
- B. Socioeconomic Status
- C. Family structure
- D. Living situation

13. Falls are one of the leading environmental hazards reported in health facilities. One of the most common occurrences that precipitate a patient fall is ____.*

- A. Experiencing stress, anxiety and fatigue
- B. Leaving the side rails down
- C. Reaching item at the bedside
- D. Performing activities of daily living

14. In case a patient falls, the nurse's FIRST responsibility is to ____.*

- A. Assess the patient's injury
- B. Write an incident report
- C. Report the incident to the head nurse
- D. Notify the physician at once.

15. In health care facility, a planned program of loss prevention and liability control refers to ____.*

- A. Quality assurance
- B. Critical pathways
- C. Risk management
- D. Peer review

Situation 4: - Mark, a 25-year-old student suddenly had convulsive movements with loss of consciousness during their lecture. After the episode he was rushed to the nearest hospital.

16. A nurse is conducting physical assessment, which of the following is INAPPROPRIATE action at this stage?*

- A. Insert intravenous cannula
- B. Assess patient's lifestyle
- C. Assess patient source of stress and coping habits
- D. Identify the patient's daily activity

17. Mark is scheduled for an EEG after having a seizure for the first time. What is the BEST patient preparation instruction before the procedure?*

- A. "Avoid thinking any personal matters for 12 hours before the test."
- B. "Do not shampoo your hair for 24 hours before the test."
- C. "Do not eat anything for 12 hours before the test."
- D. "Avoid stimulants and alcohol for 24 to 48 hours before the test."

18. Which of the following manifestations should the nurse APPROPRIATELY observe during generalized seizures?*

- A. Loss of consciousness, dilated pupils, and muscular stiffening.
- B. Jerking movements of all extremities.
- C. Facial grimace with patting and smacking
- D. Vacant stare with a brief loss of consciousness.

19. What is the FIRST priority which the nurse must observe in caring for patient with seizure?*

- A. Safety
- B. Airway
- C. Nutrition
- D. Mobility

20. Phenytoin (Dilantin) has been prescribed for a patient. Based on an understanding of the medicine, what is the APPROPRIATE nursing instruction of the nurse?*

- A. Give Dilantin intramuscularly
- B. Administer good oral hygiene
- C. Dilute IV Dilantin with 5% dextrose
- D. Maintain a Dilantin level of 30-50 microgram/ml

Situation 5: Gloria is a nurse researcher in the Department of

Health. She is assigned to conduct research on patient's safety practices of nurses in the psychiatric unit. She is given 6 months to conduct the study.

21. After formulating and delimiting the research problem, which of the following will be a PRIORITY action of Gloria?*

- A. Develop the theoretical framework of the study.
- B. Formulate the hypothesis
- C. Plan the research design of the study.
- D. Conduct a literature search on the topic

22. Gloria decides to include only nurses who have a minimum three years' experience as psychiatric nurses. Which of the following terms refer to this?*

- A. Concept
- B. Variable
- C. Limitation
- D. Delimitation

23. The statement "The length of service is not associated with the degree of patient safety practices of staff nurses" is an example of a/an _____.*

- A. Variable
- B. Assumption
- C. Hypothesis
- D. Theory

24. Which of the following research designs is MOST APPROPRIATE for this study if the aim is to find a relationship between two variables in the study?*

- A. Phenomenological study
- B. Experimental study
- C. Exploratory
- D. Correlational

25. She plans to interview the Psych Nurse Manager about the patient safety practices of the nurses. What type of sampling includes those who happens to be in the conference room where the activity is scheduled?*

- A. Random
- B. Purposive
- C. Convenience
- D. Quota

Situation 6 - Belle is a 30-year-old single mother who is dependent on her family for support. Her diagnosis is mild mental retardation with Post traumatic disorder with depressive episodes related to her mother's death. Her current symptoms include depressed mood with irritability, difficulty tolerating frustration, difficulty falling asleep, increased appetite and weight gain, hypervigilance and worry that something terrible will happen to her child.

26. A cognitive assessment of Belle indicated that according to Piaget's theory she was functioning at the concrete operational stage. Which of these behaviours would the nurse observe in Belle?*

- A. Thinks logically and sees possibilities
- B. Understands only her own viewpoint
- C. Feels her own reasoning should agree with the reasoning of others.
- D. Makes and tests hypothesis.

27. Belle has difficulty tolerating frustration. The GOAL of the nurse is to assist Belle to ____.*

- A. Increase her self esteem
- B. Cope with anxiety
- C. Recognize her needs
- D. Mobilize her resources

28. Which of the following historical data MOST probably led to a post traumatic stress disorder?*

- A. Unstable relationship with ex-fiance
- B. Suicide of her mother
- C. No gang relationship with peers
- D. Dropping out of school

29. Given her problems of hypervigilance and worry that something terrible will happen to her child, nursing interventions should be aimed at addressing her needs for ____.*

- A. Love and belongingness
- B. Biological integrity
- C. Psychological security
- D. Self-esteem

30. In terms of social support therapy, which of these is the MOST APPROPRIATE and therapeutic?*

- A. With Appropriate support, lives in the community, either independently or in supervised setting.
- B. Individualized relationship with a caregiver
- C. High structured environment with constant aid and supervision
- D. Vocational training with moderate supervision but not beyond second grade academic challenges.

Situation 7 - The following scenarios are potential routines that could check work ethics of a professional nurse.

31. A patient asks to be discharged from the health care facility against medical advice (AMA). What should the nurse do?*

- A. Notify the physician
- B. Prevent the patient from leaving
- C. Have the patient sign an AMA form
- D. Call a security guard to help detain the patient.

32. A nursing assistant is assigned to provide morning care to patient. How*

- a. "Morning care rendered."
- b. "Morning care rendered by Grace Go, NA."
- c. "Morning care provided by G.G., Nursing assistant."
- d. "Morning care refused to be given by the nursing assistant."

33. A nurse administers the wrong intravenous fluid to a patient. She should accomplish which of the following documents to be submitted to her immediate supervisor?*

- A. Patient Kardex
- B. Incident Report
- C. Progress Report
- D. Endorsement record

34. When developing a care plan for a patient with a do-not-resuscitate order, the nurse should NOT include which

intervention on the care plan?*

- A. Allow access to individuals who can provide spiritual care.
- B. Administer pain medications as ordered by the physician.
- C. Provide usual routine nursing care as ordered by the physician.
- D. Administer lethal doses of medication as patient request.

35. A patient is to undergo a laminectomy in the morning. The physician asks the nurse to witness the patient's signing of the consent form. What is the BEST action of the nurse?*

- A. Provide emotional support for the patient while the patient signs the consent.
- B. Make sure the physician explains the risks of undergoing the procedure.
- C. Make sure the physician thoroughly describes the procedure.
- D. Make sure the patient is competent, awake and alert before he/she signs the consent form.

Situation 8 - Charge Nurse Tessie works at the surgical ward. She ensures good record management is implemented in her unit at all times.

36. A patient is having elective surgery under general anesthesia. Who is responsible for obtaining the informed consent?*

- A. Surgeon
- B. Nurse
- C. Nurse Anesthetist
- D. Anesthesiologist

37. Which statement by the patient indicates that he understands the explanation of the surgeon?*

- A. "I. refuse to sign the consent form; another family member can sign. For me."
- B. "Now I know what the alternative treatments and procedures are."
- C. "If I refuse. To sign the consent form, other treatment will be withdrawn."
- D. "If I can't refuse the procedure after the consent is signed."

38. The unit secretary who transcribes the physicians order asks

the nurse to interpret an order because she cannot read the writing. The nurse's BEST action is to ____.*

- A. Clarify the order with the pharmacies
- B. Clarify the order by calling the physician
- C. Interpret the order according to the patient's previous medication record.
- D. Clarify the order with junior staff.

39. The physician orders to transfuse 500 ml packed RBC blood postoperatively. The nurse must check the name on the label of the blood with the name on the patient's ____.*

- A. Medication administration record
- B. Wristband in the presence of another nurse
- C. Medical chart
- D. Wristband

40. The patient's wife is so anxious about the condition of her husband. The MOST appropriate INITIAL intervention for the nurse to make is to ____.*

- A. Describe her husband's medical treatment since admission.
- B. Reassure her that the important fact is her presence
- C. Explain the nature of the injury and reassure her that husband's condition is stable.
- D. Allow her to verbalise her feelings and concerns.

Situation 9 - Quality and Safety are rooted in the daily work of a healthcare professional. Nurses in the Orthopaedic Unit attends monthly quality assurance meeting. The following questions were discussed.

41. Who should be involved in quality improvement measures?*

- A. Everyone
- B. Management staff
- C. Professional staff
- D. Consumers

42. To start a nursing improvement project, what is the FIRST step that a nurse must keep in mind?*

- A. Implement plan to correct the problem.

B. Determine the nursing standards.

C. Determine findings if warrant correction

D. Collect data, determine if standards are met.

43. To achieve organised work flow in the unit, the staff must be aware of the head nurse's role. What is the PRIMARY purpose of supervision and delegation?*

A. Enhances the delivery of quality nursing care.

B. Influences organisation's approach in personnel evaluation

C. Improves staff attendance in seminars

D. Assigns any staff to do the tasks or project.

44. To ensure quality nursing care to a patient in skin traction, what is the PRIORITY intervention that a nurse has to assess frequently?*

A. Signs of infection around the pin site.

B. Signs of skin breakdown

C. Urinary incontinence

D. Presence of bowel sounds

45. The nursing team plans to do chart audit project on post-op patients who had developed pressure sores at the Orthopedic unit over the past year to present. What type of audit is?*

A. Retrospective

B. Process

C. Concurrent

D. Outcome

Situation 10 - Incidence of drug abuse has greatly increased overtime. Korino has been using drugs for the past three years.

46. You are a Drug Abuse Treatment and Rehabilitation Center Nurse. During the assessment of a newly admitted Person Who Uses Drugs (PWUDs) named Korino, which of the following is the MOST APPROPRIATE question to ask?*

A. Ask Korino how long he thought that he could take drugs without someone finding it.

B. Ask Korino why he started taking illegal drugs.

C. Not ask any questions for fear Korino will deny and may become assaultive

D. Ask Korino about the amount of drug used and its effect and how long he had been using.

47. Upon data collection he had been failing three times in his math class and Korino was known for substance dependent for three years. What is the MOST APPROPRIATE nursing diagnosis for him?*

- A. Alteration in perception
- B. Alteration in social interaction
- C. Ineffective individual coping
- D. Impaired judgement

48. Korino has been using meperidine and codeine for personal consumption. Which of the following does the nurse understand as the physiologic effect of these drugs?*

- A. Increases sexual stimulation
- B. Relieves pain by increasing pain threshold
- C. Decrease craving for alcoholic intake
- D. Heightens concentration and alertness

49. Which assessment by the nurse would cause a concern for Meperidine overdose?*

- A. Respiration rate of 12 bpm
- B. Hypercapnia
- C. Dryness of the skin
- D. Pinpoint pupils

50. What drug should the nurse prepare for administration to reverse all signs of toxicity?*

- A. Digibind (Digoxin)
- B. Naloxone (Narcan)
- C. Atropine Sulfate
- D. Diazepam (Valium)

Situation 11 - Effective communication is a core skill for nurses that a professional nurse must apply in their daily routine for patient care, colleagues and family.

51. The nurse asks the patient,. “What do you fear MOST about your surgery tomorrow? This is an example of which communication technique?*

A. Providing general leads.

B. Summarizing

C. Seeking Clarification

D. Presenting Reality

52. The patient made the following statement to the nurse, "My Doctor just told me that he cannot save my leg and that I have an above the knee amputation." Which response by the nurse is MOST APPROPRIATE?*

A. "Tell me more."

B. "Dr. Benito is an excellent surgeon."

C. "If I were you, I will get a second opinion."

D. "Are you in pain?"

53. A nurse is communicating with attending physician about medical intervention prescribed for a patient post spine surgery. Which statement is INDICATIVE of a collaborative relationship?*

A. "Can we talk about Mrs. Santos?"

B. "I am worried about Mrs. Santos blood pressure. It is not decreasing even with the new antihypertensive medication."

C. "That new medication you prescribed for Mrs Santos is ineffective."

D. "We do not need to talk about Mrs. Santos' blood pressure."

54. An 80-year-old male, admitted for emergency suturing of the forehead sustained from accident fall while gardening under local sedation. He was just received in the ward. Which nursing intervention is APPROPRIATE to facilitate effective communication with this patient?*

A. Talk to patient when fully awake and inform him and family events which may occur post-surgery.

B. Provide the patient with instructional materials about discharge.

C. Tell the patient, "You are fine nothing to worry."

D. Ask the patient, "do you know where you are?"

55. The nurse who uses appropriate therapeutic listening skills will display which BEST behavior?*

- A. Presume an understanding of the patient needs.
- B. React quickly to the message.
- C. Reassure the patient that everything will be fine.
- D. Absorb both the content and the feeling which patient is conveying.

Situation 12 - Effective teamwork and collaboration in nursing is achieved when individuals work together in harmony, processes and goals are aligned towards achieving safe quality patient care.

56. Which of the following actions is INAPPROPRIATE for a nurse leader to apply in a work setting?*

- A. Ask staff member if their opinion on the matter.
- B. Modifies his own behaviour favoring the needs of individual staff.
- C. Gives equal considerations to each staff member.
- D. Plans and organises group activities of staff member.

57. In problem solving, the head nurse must know what is the MAJOR characteristic of negotiation?*

- A. Be positive in your approach since optimism goes further favorable results.
- B. Harmony is possible even when strategies are not well planned.
- C. It is not important to get anything in writing since the truth will prevail.
- D. Resources tend to involve too many individuals in decision making process.

58. Applying multidisciplinary approach of patient care, which among the members of the multidisciplinary team that the nurse would MOST likely collaborate with when the patient is at risk of fall due to an impaired gait?*

- A. Podiatrist
- B. Physical therapist
- C. Speech therapist
- D. Nutritionist

59. The nurse manager has implemented a change in the method of the nursing delivery system from functional to team nursing. A nurse is resistant to the change and is not taking an active part

in facilitating the process of change. Which is the BEST approach in dealing with the nurse?*

- A. Exert coercion on the nurse.
- B. Provide a positive reward system for the nurse.
- C. Talk and encourage verbalizing feelings of the change.
- D. Ignore the resistance of the nurse.

60. Which among the members of the multidisciplinary team that the nurse would be BEST to collaborate with when the patient can benefit the use of leg prosthesis?*

- A. Occupational therapist
- B. Physical Therapist
- C. Podiatrist
- D. Pharmacist

Situation 13 - Karen is seventeen years old, grade twelve, active in gymnastics. She is five feet and seven inches tall, weighs eighty-five pounds. Her family doctor diagnosed her with anorexia nervosa.

61. Which of the following statements should Nurse Cora consider as TRUE with anorexia nervosa?*

- A. Thinness is equated with vanity among peers.
- B. Eating disorders are not major health problems.
- C. Cultures linking beauty to thinness increase risk of illness.
- D. Anorexia nervosa is not considered as a mental disorder.

62. Karen is being assessed for eating disorder. Which option is suggestive of anorexia nervosa?*

- A. Lack of knowledge about food and nutrition
- B. Guilt and shame about eating disorders.
- C. Refusal to talk about food related topics
- D. Unrealistic perception of body size.

63. Nurse Cora is working with Karen. Even though Karen has been eating all her meals and snacks, her weight has remained unchanged for a week. Which nursing interventions is APPROPRIATE for Karen?*

- A. Supervise Karen closely for 2 hours after meals and snacks
- B. Supervise Karen closely 2 hours before and after meals

- C. Increase the daily caloric intake from 1500 to 2000 calories
- D. Increase the daily caloric intake from 1800 to 3000 calories.

64. One morning, as Nurse Cora entered Karen's room, she noticed that the patient was engaging in a rigorous push ups. Which nursing action is MOST APPROPRIATE?*

- A. Allow her to complete her exercise program.
- B. Tell her that she is not allowed to exercise rigorously
- C. Interrupt her and offer to take her for a walk.
- D. Interrupt her and explain that exercise is not needed.

65. Which of the following is the INITIAL goal for treating the severely malnourished patient with anorexia nervosa?*

- A. Nutritional rehabilitation
- B. Correction of body image disturbance
- C. Weight restoration
- D. Correction of electrolyte imbalances

Situation 14 - Annie is a 38-year-old woman with three children. She has a history of otosclerosis. She is admitted for ear surgery.

66. While taking nursing history on Annie, what will be the response of the patient that indicates her present condition?*

- A. She frequently experiences vertigo, nausea and nystagmus when sitting.
- B. She has ear pain and discharge from the left ear when travelling.
- C. She has had impaired hearing since birth
- D. Her hearing loss has become worse with each succeeding pregnancy.

67. Annie states, "I'm afraid to let my children out of my sight now that I can't hear them." What is the nurse's best response?*

- A. "Tell me about your fears of losing contact with your children now that you can't hear them."
- B. "Children need some freedom, and the mother has to learn to trust them."
- C. "Do the children usually misbehave when they cannot be seen or heard by you?"
- D. "What can the children do to make you feel more comfortable?"

68. What should be APPROPRIATE in the nursing care plan for Annie having otosclerosis?*

- A. Substitute meaningful sensory input by the use of other senses.
- B. Orient Annie to the staff, the unit, and all treatments.
- C. Give nursing care that will meet her psychological needs.
- D. Make frequent calls to prevent isolation and loneliness.

69. The day after surgery, Annie expresses concern that hearing is not as good as it was before admission. What is the BEST nurse action?*

- A. Encourage Annie to divert her attention by reading.
- B. Encourage Annie to blow more her nose to clear the eustachian tube.
- C. Reassure Annie that it is temporary loss due to post-op edema and ear packing.
- D. Check the external ear for blood clots and remove them.

70. What post-operative teaching will the patient STRICTLY follow?*

- A. Reinforce that fact that airplane travel is no longer permitted.
- B. Show patient how to gently irrigate the external auditory canal.
- C. Inform physician any dizziness that develops after she is discharged.
- D. Stress that hair washing should be avoided immediately after surgery.

Situation 15 - Sandy, a 58-year-old teacher had a left total hip replacement due to Osteoarthritis.

71. Sandy should be placed in which of these position for meals?*

- A. Supine
- B. Trendelenburg's
- C. Semi-Fowlers
- D. Sim's Lateral

72. The nurse did preoperative teaching to Sandy who's admitted for hip replacement surgery. Which statement of Sandy

indicates the need for further preoperative teaching?*

- A. I'll rest in bed for 2 to 3 days after surgery.
- B. I'll begin gait training within 48 hours
- C. "I should do muscle strengthening exercises in both legs.
- D. "I need to turn, cough and breath deeply every 2 hours."

73. The physical therapist orders exercise of Sandy's left hip, knee, and foot to gradually increase range of motion to the left hip. The nurse can BEST assist Sandy by _____.*

- A. Observing Sandy's ability to perform the exercises.
- B. Performing the exercises for Sandy
- C. Administering an analgesic before the exercises
- D. Stopping the exercise if Sandy experiences pain.

74. Sandy should be instructed to avoid _____.*

- A. Assuming prone position
- B. Abducting her left leg.
- C. Putting any weight on her left leg.
- D. Adducting her left leg

75. Sandy asks the nurse if her new joint will function normally. The Nurse can BEST answer this by saying that the _____.*

- A. Doctor will be able to assess your limitations in 6 weeks and then explain them to you.
- B. New joint will function almost as well as a normal joint, if you perform your exercises faithfully.
- C. New joint will be stronger than the old one if you exercise well.
- D. New joint won't function as well as the new joint, but will be better than the arthritic joint

Situation 16 - When nurses are considering issues on control, shame and stigma, surrounding the subject of mental illness, one of the primary considerations should be nurse's own sensitivity in recognizing signs of mental health problem. Ethics pervades good practice. The following situations apply.

76. A patient is brought to the hospital by his officemates because he kept on blaming his immediate supervisor of getting him fired from his job. Ethical problems may arise when diagnosing psychiatric patients because of _____.*

- A. Inadequate staffing
- B. Lack of exercise
- C. Subjectivity
- D. Inappropriate diagnostic procedure

77. The nurse is administering psychotropic medication to the patient. The patient refused to take the medication. Which of the following situations would guide the nurse where a patient refuses medication?*

- A. Cannot refuse his medication regardless of his medical diagnosis.
- B. Need a court order to allow the patient to refuse his medication.
- C. Can refuse this medication if he has not been deemed incompetent by formal legal procedure.
- D. May refuse the medications only if his attending physician agrees.

78. Which of the following is a basic safeguard to ethical practice by the nurse is providing care to patients with borderline personality disorders who are extremely provocative and manipulative?*

- A. Observing human to human relationship
- B. Seeking clinical expert opinion
- C. Practicing self-awareness constantly
- D. Applying person centered approach

79. The patient verbalizes to the nurse about thought of “threatening to kill his wife.” The nurse is in dilemma whether to tell the wife about this conversation. Given this situation which of the following is the appropriate action of the nurse?*

- A. Alert immediately the proper authorities regarding the threat to safeguard the safety of the wife.
- B. Tell the wife to be very extra careful as her life is in danger.
- C. Weigh carefully the situation by viewing it as dilemma between disclosing confidential information or warning appropriate authorities.
- D. Keep the information to herself and be vigilant on the action of the patient to protect the wife.

80. The psychiatric diagnosing of patients is a morally charged issue and the assigning of diagnosis may be an ethical issue.

The role of the nurse in diagnosing psychiatric patient is important because nurses are ____.*

A. Collaboration in the diagnostic process.

B. Planners of psychiatric nursing care.

C. Knowledgeable in the field of psychiatry due to extensive clinical experience.

D. Competent by virtue of their educational preparation.

Situation 17 - Mrs Juan, a young female patient, believes that doorknobs are contaminated with COVID-19 and refuses to touch them except with the aid of tissue paper.

81. Her diagnosis of obsessive compulsive disorder constantly does repetitive cleaning. The nurse knows that this behavior is probably MOST basically an attempt to ____.*

A. Decrease the anxiety to a tolerable level.

B. Focus attention on non threatening tasks.

C. Control others

D. Decrease time available for interaction with people.

82. What response should the nurse use in dealing with this behavior?*

A. Encourage her to scrub the doorknobs with a strong antiseptic so she does not need to use tissue papers.

B. Supply her with paper tissue to help her function until her anxiety is reduced.

C. Force her to touch doorknobs by removing all available paper tissue until she learns to deal with the situation.

D. Explain to her that ideas about doorknobs with covid-19 is part of her illness and is not necessary.

83. Signs such as using tissues to doorknobs develop because the patient is ____.*

A. Unconsciously controlling unacceptable impulses or feelings.

B. Listening to voices that tell her that doorknobs are unclean.

C. Consciously using this method of punishing himself.

D. Fulfilling a need to punish others by carrying out annoying procedure.

84. Therapeutic treatment for MRs. Juan should be directed towards helping her to _____.*

- A. Learn that her behavior is not serving a realistic purpose.
- B. Forget her fears by administering antianxiety medications.
- C. Redirect her energy into activities to help others.
- D. Understand her behavior is caused by unconscious impulses that she fears.

85. The nurse plans to educate the entire family about obsessive compulsive disorder. Which of the following plans would be MOST effective?*

- A. The nurse directs Mrs. Juan and her family to the other resources to help them learn about the illness and medication to treat it.
- B. The nurse teaches the family about Mrs. Juan's illness and medication and suggest that they educate Mrs. Juan about her disease and the medications to treat it.
- C. The nurse educates the entire family at the same time about the disease and medications to treat it.
- D. The nurse teaches Mrs. Juan about her illness and her medications and suggests that she teaches her family what she has learned.

Situation 18 - Latest death toll in the Philippines due to Corona virus after Easter 2021 was 13,425. IT was so scary that within a year this COVID-19 virus takes its toll. The nurse must understand the importance of self-awareness and competencies in helping patients and families during bereavement.

86. When human needs are taken away or not met for some reason, a person experiences loss. Using Maslow's hierarchy of needs, which one of the following will the nurse consider a loss in case of death?*

- A. Loss of security and a sense of belongingness.
- B. Loss related to self-actualization
- C. Physiologic and safety loss
- D. Loss of self-esteem

87. Vangie, 73 years old, comorbid with hypertension and asthma died of COVID. Ariel grieved and mourned to the loss of his mother's untimely death. He is now aware that his mother is one of those 13,425 deaths. The nurse will consider at what stage of grieving process is Ariel experiencing?*

- A. Depression
- B. Bargaining
- C. Denial and Anger
- D. Acceptance

88. Which of the following gives cues to the nurse that the patient may be grieving for a loss?*

- A. Thoughts, feelings, behavior, and physiologic complaints.
- B. Hallucination, panic level of anxiety, sense of impending doom.
- C. Sad affect, anger, anxiety and sudden change of mood
- D. Complaints of abdominal pain, diarrhea, loss of appetite

89. Which of the following situations will the nurse consider as risk factors for complicated grief?*

- A. Childbirth, marriage and divorce.
- B. Death of a spouse, child, and death by suicide.
- C. Inadequate perception of the grieving process.
- D. Inadequate support and old age

90. As a nurse, which of the following are the critical factors for successful integration of loss during the grieving process?*

- A. The patient's predictable and steady movement from one stage of the process to the next.
- B. Accurate assessment and intervention by the nurse or helping person
- C. The nurse trustworthiness and healthy attitude about grief.
- D. The patient's adequate perception, adequate support, and adequate coping.

Situation 19 - Ms. Diaz, a new charge nurse of EENT unit is keen on staff and professional growth of the nursing team.

91. Ms. Diaz learns that some leaders are transactional leaders. Which of the following does NOT characterise a transactional leader?*

- A. Focuses on management tasks
- B. Inspires others with vision
- C. Is a caretaker

D. Uses bargaining to meet goals.

92. Ms. Diaz finds out that some managers have benevolent-authoritative style of management. Which of the following behaviors will she exhibit MOST likely?*

A. Have condescending trust and confidence in their subordinates.

B. Gives economic or ego awards.

C. Communicates downward to the staff.

D. Allows decision making among subordinates.

93. Ms. Diaz knows that there are external forces that influence changes in his unit. Which of the following is NOT an external force?*

A. Demands of the labor sector to increase wages.

B. Exacting regulatory and accreditation standards.

C. Low Morale of staff in his unit

D. Memo from the CEO to cut down on electrical consumption

94. After discussing the possible effects of the low patient satisfaction rate, the staff started to list down possible strategies to solve the problems head-on. Should they decide to vote on the best change strategy, which of the following strategies is referred to this?*

A. Majority rule

B. Dominance

C. Collaboration

D. Compromise

95. The nurse asks the aide to weight the patient. Later, the nurse discovered that a patient has been weighed who is supposed to be on complete bed rest. This situation violates which of the following rights of delegation?*

A. Right person

B. Right direction and communication

C. Right supervision and evaluation

D. Right task

Situation 20 - Peter, a 19-year-old college student, has been in excellent health until developing a flu-like illness couple of weeks ago. He is admitted with diagnosis of Guillain-Barre

Syndrome.

96. Which of the following clinical manifestations would the nurse expect to find when performing admission assessment?*

- A. Rapid progressive muscular atrophy
- B. Ascending paralysis with ataxia
- C. Hyperactive deep tendon reflexes
- D. Paresthesia and muscle weakness of upper body

97. What is the MOST APPROPRIATE nursing diagnosis for this patient?*

- A. Self care deficit related to neuromuscular impairment.
- B. Alteration in nutritional status related to possible choking
- C. Alteration in nutritional status related to anorexia
- D. Alteration in urinary elimination related to sensory motor impairment.

98. What is the PRIORITY of care for patient diagnosed with Guillan Barren Syndrome?*

- A. Maintenance of respiratory function
- B. Control of urinary tract infection
- C. Prevention of decubitus
- D. Replacement of fluid and electrolytes

99. In planning the nursing care for this patient, what is the MOST important nursing intervention a nurse must do?*

- A. Encourage patient to release anxiety by crying.
- B. Reassure family that complete recovery is probable.
- C. Assess patient for respiratory distress.
- D. Have patient assist with care.

100. What symptom is an INDICATOR of cranial nerve involvement?*

- A. Difficulty of speaking and chewing
- B. Spastic paralysis of the extremities
- C. Loss of pain sensation
- D. Forgetfulness and syncope

